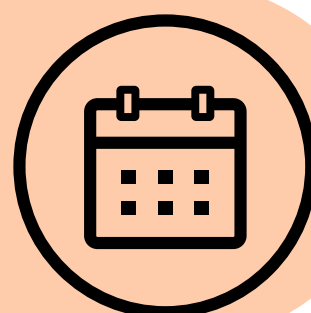


# A4H

## POLISH EDITION

### 1. WHEN?

07/10/2024 - 12/10/2024 +2 travel days



### 2. WHERE?

Warsaw area - specific location  
TBC



### 3. WHO?

30 people in total from Italy, Poland  
and Portugal:  
8 young people (15-19 yrs old) and 2  
leaders per country.



### 4. PREPARATORY VISIT

28/08/2024-31/08/2024 in Warsaw,  
details TBC



### 5. TRAVEL BUDGET

Arrival in Warsaw (Chopin or Modlin  
Airport):  
Portugal (2000+km): 395 EUR  
Italy (500-1999): 309 EUR



### 6. PARTICIPATION FEE

We decided to include a participation fee  
of 100 EUR for our participants. Feel free  
to set the fee for your countries that you  
feel comfortable with.



### 7. TOPIC

Using different form of art  
(theatre, music, crafts...) as a tool  
supporting our mental well-being.



### 8. CONTACT DETAILS

**Jan Śniadecki High School no. 30**

<http://sniadek.edu.pl/>

**Leader:** flis.marta1985@gmail.com

**Young people:** Zuzia: zuzannakrupnik18@gmail.com

anek.j.glozak@gmail.com

