

Vamos Youth work ESC-voluntary possibility



Who are we?

- Vamos youth work is part of Deaconess foundation in Finland
- Vamos model includes comprehensive psychosocial approach for supporting young adults with troubled life situations (e.g. mental health problems, substance abuse, social problems, etc)
- In Vamos every client gets a individual coach and can take part of group activities

Where and when?

Tampere is city with the population of 260 000. It's located between 2 lakes and has lot's of green surroundings. Our office in very centrally located.

When?

The program will be implemented
1.11.-31.12.2025

ESC-voluntary possibility



What?

The task of the volunteer would include working with all of the previous groups. One of the aims of the Vamos Tampere is to try to create a social space almost like a youth center for the 100 participants in our projects. So part of the volunteering would be being **hosting** this space. **Getting to know** the young people. **Taking care** of the coffee and other offerings – as we want our participants to feel relaxed and safe in our services.

Also volunteer's presence would automatically encourage people to **speak** English and to get more interested in international issues.

Besides this social space hosting, also the **workshops** could be organized by the interest and talents of the volunteer. Also volunteer could **pair up** with a Finnish participant to create some workshops or one-time sessions of interest.

We encourage our young participants to be the active people in their lives, so we give them space for creating their own activities (so far there has been participant lead groups of Pokemon Go, book club, poem society, horror movie club, winter swimming, and cosplay).

Every Friday Vamos Tampere has also “**open cafe**”, which means that food is served and young people get together to play games, hang around and to talk to each other. For a participant with big issues of social anxiety, this might be the first account that you face other people. So we keep this activity also as safe as possible. The Volunteer would work on these Fridays frequently.



Social life?

The volunteer can freely get to know our young participants and make friendships for the freetime. Also We have a co-operation with the youth services of the municipality as they also have ESC-volunteers, so meet-ups could be organized to get to know more people in the same situations. Also there is possibility to do some of the volunteering days in municipal youth centers.

Eat, sleep, fun?

The accommodation will be in a student housing with shared toilet and kitchen, with a locked private room.

The volunteer can enjoy all the foods served in the Vamos Office, and other times will have possibility to buy groceries with a pay card.

There will also be a small pocket money provided.

MORE INFORMATION?

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