### **ESC Team**

# CRAFING INCLUSION

November 20th - December 18th Altamura - Italy





# THE PROJECT

The project idea is linked to two important aspects: the pre-Christmas period and inclusion.

Through the partnership with the "Auxilium Social Cooperative" in Altamura and the involvement of volunteers with few opportunities, the project comes as close as possible to the true meaning of the word "volunteering".



# THE ACTIVITIES

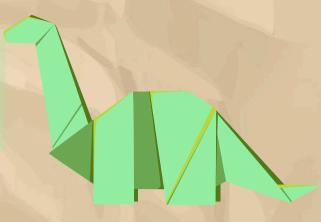
The main activities will focus on creating a welcoming and inclusive atmosphere with the users we will meet (people with disabilities and children). Workshops and informal gatherings with a Christmas theme will be designed, prepared and conducted with them, given the approach of the most wonderful time of the year. There will be music, crafts, dancing and lots of fun.

The primary aim, beyond the activities themselves, is to offer moments of light-heartedness and carefreeness to all those we meet during the project.





# ASSOCIAZIONE LINK



Associazione Link was founded in 2003 in Altamura. Link works with young people and with the entire community, promoting intercultural dialogue and European citizenship. It organizes local and international activities such as youth exchanges, training courses, conferences and cultural events.

Associazione Link has been running a community library in Altamura, called "Agorateca" since June 2019. Other than the library services that we offer, Agorateca also became a cultural meeting point for citizens of all ages.

It is a cultural container in which different levels and forms of creativity intersect, such as art, music and entertainment, but above all books and love of reading.







# **ACCOMODATION**



The participants will be hosted in one of Link's apartments. The place is set in Piazza Stazione, a square very close to the city centre (10 minutes walking). The flat has all the furniture to allow a comfortable stay.

#### You can find:

- kitchen
- washing machine
- 3 bathrooms
- big common balcony
- 4 double bedrooms and 1 triple
- Wi-Fi

All the rooms will be shared, divided between boys and girls.
One key to the flat will be provided per room.
You'll be responsible for food and meal management.





# PARTICIPANTS' PROFILE

The project is for participants aged between 18 and 30 years old.

We are looking for participants with few opportunities who are interested in the topic.

We are not looking for experts in the field, but only people who, even if they do not know much about this world, have a desire to learn, to discover and to be fascinated.

#### **Participants should:**

- be open to cooperate in an international environment, respecting diversity of opinions;
- be able to work in English and other European languages;





# PRACTICAL INFO

#### **INSURANCE**

Once selected, the volunteer will be automatically enrolled by European insurance system, Henner.

#### WORKING TIME

Activities will be run from Monday to Friday for about of 6 hours per day. Saturday and Sunday are free.

The volunteer has to right to get 2 days of holidays during the month.

ABOUT US
About Altamura
About Agorateca
About Associazione Link

#### WEATHER AND CLOTHES

Check online the temperatures BEFORE COMING. Altamura is about 400 meters above sea level, and in that period it'll be very cold. It's South Italy ok, but it's not summer every

moment 🙂 .









## TRAVEL INFO



If you are coming by plane, there are two options:

- From Bari Airport, you need to take the train to Bari Centrale (information on this website).
   Then there a bus from Bari Centrale to Altamura (https://ferrovieappulolucane.it/)
- From any other airport (Napoli, Roma are the closest airport) you can take a train or bus from there to Altamura.

For alternative options and green travel, the connection will be discussed with the organization.

Travel distance	Normal travel	Green travel
10 – 99 km	23 euro	1
100 – 499 km	180 euro	210 euro
500 – 1 999 km	275 euro	320 euro
2 000 – 2 999 km	360 euro	410 euro
3 000 – 3 999 km	530 euro	610 euro
4 000 – 7 999 km	820 euro	

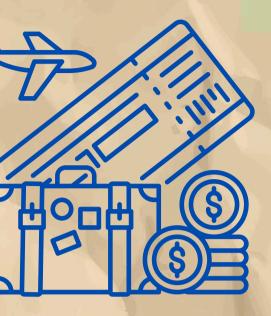
Participants can arrive I day before and leaving I day after the project dates (20/11 - 18/12). The accommodation for the extra-days is not covered by the project budget;

In case of green travel, participants have 2 travel days for the arrivals and other 2 travel days for the departure. We ask you to inform us in advance in case you want to use green travel.





# FINANCIAL RULES



Travel, board and lodging expenses are covered by the European fund. Regarding the travel, the expenses will be reimbursed within the limits of the ceilings as foreseen by the User's Guide of the program Erasmus+ (distance calculator) and according to the rules of the Partnership Agreement that will be signed.

In the case you want to use GREEN TRAVEL option please contact us.

The project dates are November 20th to December 18th (travel days included). If you want, you can arrive one day before the beginning of the

project and leave one day after the end. In this case, the accommodation expenses for the extra-days will be NOT covered by the budget, so they will be NOT reimbursed.

To get reimbursed, you need to send us all the documents related to the travel (tickets, invoices, receipts, etc.).







### WHAT TO BRING

## FOR YOUR WELLBEING

- Comfortable clothes and shoes to work outside,
- Personal care products and medicines,
- Your water bottle
- Transportable tools and games for your free time,
- Anything you need for personal comfort.
- Personal towel
- Sweatshirts
- Umbrella / Rain jacket
- Warm clothes

### CONTACTS

## FOR THE ACTIVITIES

- Motivation and good mood,
- Your laptop (if you want) or other items that may be useful for the project
- Typical food, drinks to share with the group:)

#### **PLEASE NOTE:**

The temperatures in Altamura are cold. The radiators in the house will be turned on at certain times of the day, but it is still essential to bring and wear warm clothing.

For any kind of question, please do not hesitate to contact us! esc@linkyouth.org

Do you want to know more about our association?

linkyouth.org

IG: associazione\_link



**CRAFTING INCLUSION** 

