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# COMMUNICARE

## INFOPACK

CASSANO DELLE MURGE  
ITALY  
19th - 28th May 2026



Co-funded by  
the European Union



# The Project

The CommuniCare project is an initiative that promotes **effective communication** among peers and, above all, how to stay informed, especially in the digital world, **combining critical thinking with the practical use of various media**. The primary objective is to provide the necessary stimuli for effective information education so that young people can then become promoters of good information education.



## Main objectives

The main objective of the project is to develop several skills:

- **Social:** Share topics, spaces, informal moments, and share experiences.
- **Digital:** Help participants learn how to stay informed and use the right channels to do so consciously and with a variety of tools.
- **Promote critical thinking:** Encourage participants to reflect on the problems associated with miscommunication and fake news.



# Participants' Profile

The project is for participants aged between 18 and 25 years old. We ask organizations to compose gender-balanced groups with 5 participants + 1 leader (+20 years).

The project is aimed at all those young people who are currently very close to your organisations.

It is very important that the young people are interested in this field.

The project envisages the participation of young people who have an interest in developing activities in the information sector aimed at citizens in order to raise their level of knowledge and awareness.

Participants should be:

- open to cooperate in an international environment, respecting diversity of opinions;
- able to work in English and other European languages.



the temple



the rooms



## SPACES

dining area



the garden



Participants will sleep and follow activities at Casa Nazareth, a facility surrounded by nature in the Apulian countryside near the town of Cassano delle Murge.

There is an indoor activity space, large outdoor spaces, a small forest, and a large kitchen with space for meals. Meals will be cooked by Link Association staff.

Participants will sleep in rooms for 6 people. There is a bathroom in each room. Be careful, though, this is not a hotel: the spaces are very simple and somewhat old-fashioned. Also, there is no wi-fi. Therefore, we ask you for some flexibility, adaptability and willingness to step out of your comfort zone.

# HOW TO REACH US



## FROM BARI AIRPORT

Take a train from Bari Airport to Bari Centrale (information on this [website](#));

## FROM ANOTHER AIRPORT

Take a train or bus to Bari (Stazione Centrale or Via Capruzzi).

## GREEN TRAVEL

Take a train or bus to Bari (Stazione Centrale or Via Capruzzi).

## THEN

- Take a bus from Bari (Via Capruzzi) to Cassano delle Murge (information on this [website](#));
- Finally, we will come to pick you up by van from Cassano delle Murge to Casa Nazareth.

**IMPORTANT:**  
You **must** arrive in Cassano delle Murge by 8 p.m. on May 19th and leave by 11am on May 28th.

# Travel Budget

Namely: if the main part of the travel, in terms of kilometers traveled, is done by bus, train or car-pooling

Travel distance	Normal travel	Green travel
10 – 99 km	28 euro	56 euro
100 – 499 km	211 euro	285 euro
500 – 1 999 km	309 euro	417 euro
2 000 – 2 999 km	395 euro	535 euro
3 000 – 3 999 km	580 euro	785 euro
4 000 – 7 999 km	1188 euro	1188 euro
8000 km or more	1735 euro	1735 euro

## Important

- Participants can arrive 1 day before and leaving 1 day after the project dates (19 May - 28 May). The accommodation for the extra-days is **not covered** by the project budget;
- In case of **green travel**, participants have 2 travel days for the arrivals and other 2 travel days for the departure. We ask you to inform us in advance in case you want to use green travel.

# Financial Rules

Travel, board and lodging expenses are covered by the **European fund**. Regarding the travel, the expenses will be reimbursed within the limits of the ceilings as foreseen by the User's Guide of the program Erasmus+ ([distance calculator](#)) and according to the rules of the Partnership Agreement that will be signed.

In the case you want to use **GREEN TRAVEL** option please contact us.

The project dates are **19 May - 28 May (travel days included)**. If you want, you can arrive one day before the beginning of the project and leave one day after the end. In this case, the accommodation expenses for the extra-days will be NOT covered by the budget, so they will be NOT reimbursed.

To get reimbursed, you need to send us, at the end of the project, all the documents related to the travel (tickets, invoices, receipts etc.).

You can find all the detailed rules in the [travel rules](#) document. Please, read it carefully before searching for your travel itinerary.



# What to bring




Bring a your own  
**bedsheets and towels**



**Earplugs and sleeping masks**  
for a comfortable sleep



**Comfortable** clothes and shoes



Sun cream, hat and  
mosquito spray



Shampoo, shower gel and your  
**personal care products**



Refillable **bottle**



Transportable tools and  
games for your **free time**  
and personal comfort



# What to know

The accommodation will be a residence **in the countryside** and there will be **no visits elsewhere** except on the day off and on the day of the final performance, where we will move to the city. Therefore, it is essential to know that there will be **no way to reach the city during the project**. For any needs, there will always be someone from the staff available.

Some of the activities might involve **physical contact** with the consent of your fellow participants.

**Opt-out of work.** Focus on the process. Enjoy the moment.



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If you want to be partner of this project, please, **fill out this form.**

For any question, please, don't hesitate to contact us:

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