

Info Pack for Participants

International Youth Encounter: Expression
Wiesbaden, Germany | 23–31 August 2026

About the Project

“Expression” is an international youth encounter that brings together around 60 young people aged 17–25 from nine European countries. Through theatre, movement, visual arts, photography and creative exchange, we will explore personal stories, cultural perspectives, and the power of shared expression.

The project creates a space to:

- Express yourself through body, voice, color, objects, and space
- Connect with people from different cultural backgrounds
- Learn together in a collaborative and playful atmosphere
- Create a final collective artistic presentation
- Experience nature, self-organisation, group life and fun

You'll live, work and share daily life on a beautiful natural campsite in Wiesbaden — a place where creativity meets community.

Welcome!

Dear Participants,

We are thrilled to welcome you to Wiesbaden for an exciting week of creativity, movement, expression, and intercultural exchange! This info pack will help you prepare for the camp and know what to expect.

Checklist: What to Bring

Personal Items

- Passport / ID
- Insurance card (European Health Insurance Card or equivalent)
- Any required personal medication

Camping Equipment

If you have your own tent, sleeping bag, and sleeping mat, we kindly ask you to bring them – it helps us a lot with planning and logistics.

We can provide these items if needed – just let us know in advance so we can reserve them for you.

Meals are prepared by an international kitchen team.

Please make sure to bring your own pillow and towel – these are not available for loan.

Thank you for supporting a smooth and sustainable setup! 😊

Clothing & Accessories

- Comfortable clothes for workshops
- Warm clothing for cooler evenings
- Rain jacket
- Comfortable shoes
- Hat and sunglasses

Other Essentials

- Refillable water bottle
- Personal hygiene items
- Sunscreen and insect repellent
- Small day backpack

Travelling Route to the Campsite

Address:

Jugendnaturzeltplatz Wiesbaden
Freudenbergstraße 214a
65201 Wiesbaden, Germany
www.jugendnaturzeltplatz.de

By Public Transport:

- From Frankfurt/Main Airport: Take train S8 or S9 direction Wiesbaden Hauptbahnhof (approx. 40 min).
- From Wiesbaden Hauptbahnhof:
 - Option 1 (Direct): Bus 45 (direction Biebrich) to “Sonnenblumenweg”
 - Option 2 (Transfer): Bus 4 (direction Dotzheim) to “Platz der Deutschen Einheit”, then Bus 23 (direction Schierstein Hafen) to “Sonnenblumenweg”
- From the stop “Sonnenblumenweg”, it’s about a 5-minute walk to the campsite.

Important – Travel Reimbursement:

- Travel costs will be reimbursed based on distance travelled. 'Green travel' is encouraged and has higher reimbursement rates.
- Reimbursement will be processed centrally via one bank transfer per organisation.
- Cash reimbursements are only possible in exceptional cases and must be arranged in advance.

Weather in Wiesbaden in August

Expect warm summer weather with occasional rain:

- Daytime: 20–30°C
- Nighttime: 12–18°C

Pack layers and be ready for both sun and showers!

Location Info

The Youth Nature Campsite Wiesbaden is in a peaceful natural area, yet easy to reach by public transport. It offers:

- Electricity, showers, toilets
- Outdoor kitchen and fire pits
- Open spaces for workshops, games, and relaxing together

Programme Highlights

During the week you can look forward to:

- Creative workshops (theatre, movement, photography, visual arts)
- Intercultural games and language animation
- Group activities in Wiesbaden
- Intercultural evening
- Final collective artistic presentation

Please note: The detailed programme is still being finalised and may change.

Intercultural Night

This evening is about sharing fun and meaningful moments from your culture in a relaxed and playful way.

Please do not prepare presentations or use national flags. Instead, we encourage:

- Short (max. 5 minutes) contributions like traditional games, fun facts, songs, small regional traditions, or anything light-hearted and interactive
- Culinary specialities from your region (if possible to transport/store)

Let's celebrate cultural exchange without comparisons – just shared joy, curiosity, and connection 😊

Questions? Special needs?

Feel free to get in touch with us:

 international@arco-wiesbaden.de

We're looking forward to meeting you in Wiesbaden!
— Your Arco Wiesbaden Team