

THE VOICE OF YOUTH

YOUR VOICE MATTERS



YOUTH EXCHANGE

24TH AUGUST – 31ST AUGUST 2026
CASSANO DELLE MURGE (BA) – ITALY



SHALL WE TALK ABOUT YOUTH PARTICIPATION?

Have you ever had the opportunity to compare yourself with young people from other European countries?

NOW YOU CAN!



WHEN?

Erasmus+ Youth Exchange from **August 24th** to **August 31st**.



WHERE?

Erasmus+ Youth Exchange in **Cassano delle Murge (BA), Italy**.
The project includes three countries: **Italy, Lithuania and Slovakia**.



REQUIRED AGE

You can apply if you are between the **ages of 15 and 17**.

ACTIVITY



WHAT?

The project was conceived by some of the young people who will participate in the youth exchange during the **training** held in Finland at the end of October 2025.

Based on their needs, the idea was to develop a project that would address the topic of youth participation and find opportunities for peer discussion to share useful ideas that can then be implemented in their own countries.

This will be achieved through non-formal education sessions and activities that will foster **sharing and debate**.





ACCOMODATION

The participants will be hosted in **Casa Nazareth**, a place in the countryside, 15 minutes by car outside of **Cassano delle Murge** (Ba).

There is a kitchen, a large room for activities and eating together, a court for sports and a garden where it is possible to do activities. The participants will sleep in a **dormitory, with max 5 people per room.**

We will provide **transportation** when it is required by the program. **Food** will be provided to the participants, with the possibility to accomodate for special diets.



GOOD TO KNOW:

The place is spartan: bathrooms and dormitories are quite old-fashioned and there's no Wi-Fi.

But with a little adaptability and flexibility, everything will be perfect!

HOW TO REACH US



FROM
BARI

AIRPORT

Take a train from Bari Airport to Bari Centrale (information on this [website](#));



FROM
ANOTHER

AIRPORT

Take a train or bus to Bari (Stazione Centrale or Via Capruzzi).



GREEN
TRAVEL

Take a train or bus to Bari (Stazione Centrale or Via Capruzzi).

THEN

- Take a bus from Bari (Via Capruzzi) to Cassano delle Murge (information on this [website](#));
- Finally, we will come to pick you up by van from Cassano delle Murge to Casa Nazareth.

IMPORTANT:

You **must** arrive in Cassano delle Murge by 8 pm on August 24th and leave by 10 am on September 01st.

FINANCIAL RULES

Travel, board and lodging expenses are **covered by the European fund**.

Regarding the travel, the expenses will be reimbursed within the limits of the ceilings as foreseen by the User's Guide of the program Erasmus+ (**distance calculator**) and according to the rules of the Partnership Agreement that will be signed.



In the case you want to use **GREEN TRAVEL** option, please contact us.

The project dates are **24th August to the 31st August (travel days included)**.

If you want, you can arrive one day before the beginning of the project and leave one day after the end. In this case, the accommodation expenses for the extra-days will be **NOT** covered by the budget, so they will be **NOT** reimbursed.

To get reimbursed, **you need to send us**, at the end of the project, all the documents related to the travel (tickets, invoices, receipts etc.).

You can find all the detailed rules in the document **travel days**. Please, read it carefully before searching for your travel itinerary.

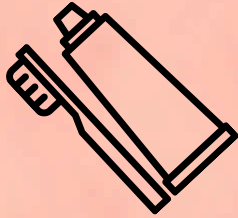
TRAVEL BUDGET

Namely: if the main part of the travel, in terms of kilometers traveled, is done by bus, train or car-pooling

Travel distance	Normal travel	Green travel
10 – 99 km	28 euro	56 euro
100 – 499 km	211 euro	285 euro
500 – 1 999 km	309 euro	417 euro
2 000 – 2 999 km	395 euro	535 euro
3 000 – 3 999 km	580 euro	785 euro
4 000 – 7 999 km	1188 euro	1188 euro



WHAT TO BRING



FOR YOUR PERSONAL WELLBEING

- Bed sheets and towels
- Comfortable clothes and shoes
- Sun cream
- Hat
- Mosquito spray
- Personal care products and medicines
- Personal bottle water
- Transportable tools for your free time
- Anything you need for personal comfort ;)



FOR PROJECT'S ACTIVITIES

- Motivation and good mood ;)
- 1 non formal activity about the topic of the the **Youth Participation.**



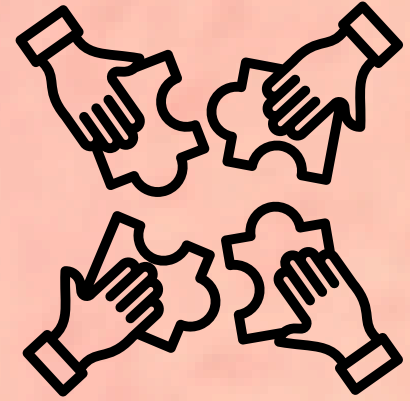
Typical food, drinks or clothes for the Intercultural Nights



SOME ACTIVITIES



- Debates
- Role play
- Non Formal session
- Intercultural Nights
- Workshops
- Sharing moments
- Evaluations
- Free Time



CONTACTS

For any question, please, don't hesitate to contact us:

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email: **projects@linkyouth.org**

PROGRAM

DAY 1 26TH OF AUGUST TUESDAY	ARRIVALS	FIRST DINNER TOGETHER
DAY 2 27TH OF AUGUST WEDNESDAY	GET TO KNOW EACH OTHER	INTRODUCTION OF THE PROGRAM
DAY 3 28TH OF AUGUST THURSDAY	DEEP INTO THE TOPIC	THEATRICAL GAMES
DAY 4 29TH OF AUGUST FRIDAY	DISCOVERING THE STORIES	BRAINSTORMING FOR THE FINAL EVENT
DAY 5 30TH OF AUGUST SATURDAY	OUTDOOR FREEDAY	OUTDOOR FREEDAY
DAY 6 31ST OF AUGUST SUNDAY	PREPARATION FOR THE FINAL EVENT	SETTING PLACE FOR THE FINAL EVENT
DAY 7 01ST OF SEPT. MONDAY	REARSAL FOR THE FINAL EVENT	FINAL EVENT
DAY 8 02ND OF SEPT. TUESDAY	EVALUATION	CLEANING, PACKAGING AND FREE TIME
DAY 9 03RD OF SEPT. WEDNESDAY	DEPARTURES	