

# THE VOICE OF YOUTH

## YOUR VOICE MATTERS



**YOUTH EXCHANGE**

**24TH AUGUST – 31ST AUGUST 2026**  
**CASSANO DELLE MURGE (BA) – ITALY**



## SHALL WE TALK ABOUT YOUTH PARTICIPATION?

Have you ever had the opportunity to compare yourself with young people from other European countries?

**NOW YOU CAN!**



### WHEN?

Erasmus+ Youth Exchange from **August 24th** to **August 31st**.



### WHERE?

Erasmus+ Youth Exchange in **Cassano delle Murge (BA), Italy**.  
The project includes three countries: **Italy, Lithuania and Slovakia**.



### REQUIRED AGE

You can apply if you are between the **ages of 15 and 17**.



# ACTIVITY



## WHAT?

The project was conceived by some of the young people who will participate in the youth exchange during the **training** held in Finland at the end of October 2025.

Based on their needs, the idea was to develop a project that would address the topic of youth participation and find opportunities for peer discussion to share useful ideas that can then be implemented in their own countries.

This will be achieved through non-formal education sessions and activities that will foster **sharing and debate**.







# ACCOMODATION

The participants will be hosted in **Casa Nazareth**, a place in the countryside, 15 minutes by car outside of **Cassano delle Murge** (Ba).

There is a kitchen, a large room for activities and eating together, a court for sports and a garden where it is possible to do activities. The participants will sleep in a **dormitory, with max 5 people per room**.

We will provide **transportation** when it is required by the program. **Food** will be provided to the participants, with the possibility to accomodate for special diets.



## GOOD TO KNOW:

**The place is spartan:** bathrooms and dormitories are quite old-fashioned and there's no Wi-Fi.

But with a little adaptability and flexibility, everything will be perfect!

# HOW TO REACH US



**FROM  
BARI  
AIRPORT**

Take a train from Bari Airport to Bari Centrale (information on this [website](#));



**FROM  
ANOTHER  
AIRPORT**

Take a train or bus to Bari (Stazione Centrale or Via Capruzzi).



**GREEN  
TRAVEL**

Take a train or bus to Bari (Stazione Centrale or Via Capruzzi).

## THEN

- Take a bus from Bari (Via Capruzzi) to Cassano delle Murge (information on this [website](#));
- Finally, we will come to pick you up by van from Cassano delle Murge to Casa Nazareth.

### IMPORTANT:

You **must** arrive in Cassano delle Murge by 8 pm on August 24th and leave by 10 am on September 01st.



# FINANCIAL RULES

Travel, board and lodging expenses are **covered by the European fund**.

Regarding the travel, the expenses will be reimbursed within the limits of the ceilings as foreseen by the User's Guide of the program Erasmus+ (**distance calculator**) and according to the rules of the Partnership Agreement that will be signed.



In the case you want to use **GREEN TRAVEL** option, please contact us.

The project dates are **24th August to the 31st August** (**travel days included**).

If you want, you can arrive one day before the beginning of the project and leave one day after the end. In this case, the accommodation expenses for the extra-days will be **NOT** covered by the budget, so they will be **NOT** reimbursed.

To get reimbursed, **you need to send us**, at the end of the project, all the documents related to the travel (tickets, invoices, receipts etc.).

You can find all the detailed rules in the document **travel days**. Please, read it carefully before searching for your travel itinerary.

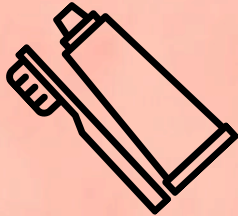
# TRAVEL BUDGET

Namely: if the main part of the travel, in terms of kilometers traveled, is done by bus, train or car-pooling

| Travel distance  | Normal travel | Green travel |
|------------------|---------------|--------------|
| 10 – 99 km       | 28 euro       | 56 euro      |
| 100 – 499 km     | 211 euro      | 285 euro     |
| 500 – 1 999 km   | 309 euro      | 417 euro     |
| 2 000 – 2 999 km | 395 euro      | 535 euro     |
| 3 000 – 3 999 km | 580 euro      | 785 euro     |
| 4 000 – 7 999 km | 1188 euro     | 1188 euro    |



# WHAT TO BRING



## FOR YOUR PERSONAL WELLBEING

Bed sheets and towels  
Comfortable clothes and shoes

Sun cream

Hat

Swimsuit

Swimming cap

Flip Flop

Beach towel

Mosquito spray

Personal care products  
and medicines

Personal bottle water

Transportable tools for  
your free time

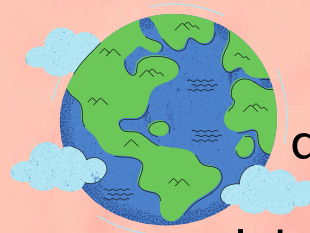
Anything you need for  
personal comfort ;)



## FOR PROJECT'S ACTIVITIES

Motivation and good  
mood ;)

1 non formal activity  
about the topic of the the  
**Youth Participation.**



Typical food,  
drinks or clothes  
for the  
Intercultural Nights

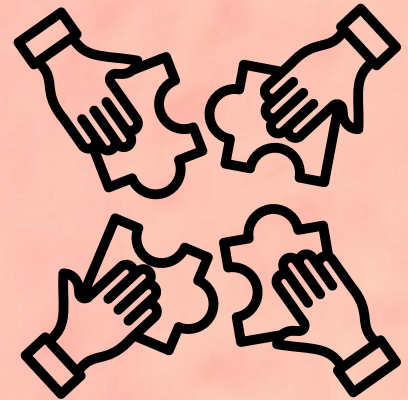




# SOME ACTIVITIES



- Debates
- Role play
- Non Formal session
- Intercultural Nights
- Workshops
- Sharing moments
- Evaluations
- Free Time



# CONTACTS

For any question, please, don't hesitate to contact us:

**Dario: +39 3338673863**

email: **[projects@linkyouth.org](mailto:projects@linkyouth.org)**