



**Music for  
M  
P  
S**

Active  
**Participation**  
& Social  
**Inclusion**

24th March - 31<sup>st</sup> March  
Tangier, Morocco

Infopack  
**TRAINING COURSE**

# BACKGROUND

The project stems from the meeting of two organizations committed to using music as a tool for social inclusion, active participation, and youth empowerment: the **Link Association**, based in Altamura (southern Italy), and **Live Room**, based in Tangier (Morocco).

After gaining extensive experience in the field and experimenting with various practices related to music education, the two organizations decided to put this experience to use in a training project dedicated to young youth workers interested in exploring the world of music as an educational tool and a means of youth activation.



# ABOUT LINK



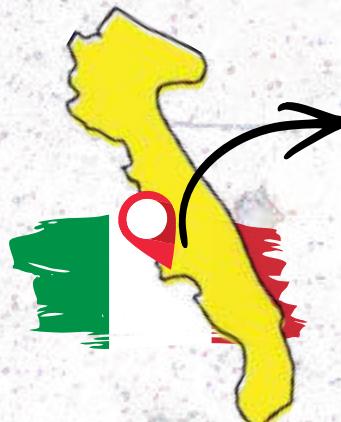
Link is a youth organization founded in 2003 and based in Altamura (South of Italy). Through its activities, Link offers opportunities for non-formal education, mobility and intercultural exchange to young people, giving concrete answers to training needs, personal growth and the practice of active citizenship to young people and adults.

In recent years, Link has been focusing its work on various issues, including mental health, environmental sustainability, combating social inequality, promoting reading, etc.

The tools used revolve around forms of artistic expression (music, videomaking, etc.), but also the organization of public events, nature-based activities, role-playing and simulation exercises, and other approaches typical of nonformal education.

## AND ABOUT MEDEU

Since 2024, Link has been implementing a strategy called **MedEu** aimed at strengthening cooperation with NGOs operating in Mediterranean countries (North Africa and the Middle East in particular), with the aim of carrying out a series of projects exploring the themes of migration, human rights, climate change, and intercultural dialogue. The MAPS project was born precisely within the framework of this strategy.



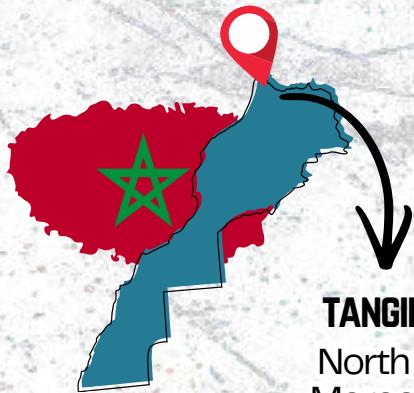
**ALTAMURA**  
South of Italy



  
@liveroomproject

# ABOUT LIVE ROOM

Live Room is a socio-cultural youth organization based in Tangier, Morocco. It was founded as a grassroots initiative with the aim of creating inclusive spaces for young people to express themselves, develop creative skills, and actively participate in social and cultural life. Live Room works at the intersection of arts, youth work, and community development, offering opportunities for non-formal learning, local and international mobility, and intercultural dialogue.



Through its activities, Live Room focuses on empowering young people, especially those with fewer opportunities, by using artistic practices such as music, audiovisual creation, performance, and creative workshops as tools for personal development and social inclusion. The organization also hosts public cultural events, training sessions, and capacity-building activities that encourage active citizenship, critical thinking, and collaboration.



# THE TOPIC



The project aims to explore different ways of using music as a tool for active participation, social inclusion, and youth empowerment and spaces discovery.

The following activities will take place during the week:

- ★ Introduction to circular music methodologies such as: drum circle with recycled instruments, rhythm with signs, circle singing, sound painting, and sound mapping;
- ★ In-depth analysis of case studies concerning the use of music as a practice of inclusion and participation;
- ★ Practical group work to experiment with the methodologies acquired and preparation of a final event.



## PARTICIPANTS' PROFILE



The project is aimed at youth workers aged 18 and over who are interested in exploring the world of music as a tool for education, social inclusion, active participation, and youth engagement.

No artistic or musical skills are required to participate in the project, only a strong desire to learn artistic methodologies that can be used in your local work context. However, we cannot deny that knowing how to play an instrument or understanding music can help to deepen some of the proposed methodologies.

Preference will be given to youth workers who work for youth centers or organizations that are actively involved in European mobility projects.



In the course we will share various methodologies aimed at providing a **broad overview of music** as a tool for community and inclusion. For the same reason, it will not be easy to delve deeply into the methodologies used.

Therefore, participation is recommended not for youth workers with established experience in the field of music facilitation, but for professionals with an interest in the field who are **approaching this subject for the first time**.





Participants will be hosted in a **youth center in Tangier**, located just 5 minutes away from the heart of the old Medina, offering a safe, central, and inspiring environment for the Training Course. The center is well adapted for learning, group work, and informal exchanges.

The first floor includes four large rooms dedicated to meetings, workshops, and training activities. The second floor provides spaces for informal learning and relaxation, including billiard and ping-pong tables, a music room, and two additional activity rooms. The sleeping area consists of five shared rooms, accommodating **four participants per room**, as well as a common space where participants can relax and socialize. Wi-Fi is available throughout the center.

Regarding food, meals will take place outside the youth center, within a 3-minute walking distance through a pleasant green open area. Participants will have access to a variety of local Moroccan restaurants, offering multiple options of traditional dishes, allowing everyone to choose according to their preferences and discover local cuisine.

 Please note that rooms are not equipped with heaters, so participants are advised to bring warm clothes, especially for the evenings.



## FINANCIAL RULES

Travel, board and lodging expenses are covered by the European fund. Regarding the travel, the expenses will be reimbursed within the limits of the ceilings as foreseen by the User's Guide of the program Erasmus+ ([distance calculator](#)) and according to the rules of the Partnership Agreement that will be signed.

In the case you want to use GREEN TRAVEL option please contact us.

The project dates are **24 - 31 March 2026** (travel days included). If you want, you can arrive one day before the beginning of the project and leave one day after the end. In this case, the accommodation expenses for the extra-days will be NOT covered by the budget, so they will be NOT reimbursed.

To get reimbursed, you need to send us, at the end of the project, all the documents related to the travel (tickets, invoices, receipts etc.).

**You can find all the detailed rules in the [travel rules](#) document. Please, read it carefully before searching for your travel itinerary.**

# TRAVEL BUDGET

Namely: if the main part of the travel, in terms of kilometers traveled, is done by bus, train or car-pooling

Travel distance	Normal travel	Green travel
10 – 99 km	28 euro	56 euro
100 – 499 km	211 euro	285 euro
500 – 1 999 km	309 euro	417 euro
2 000 – 2 999 km	395 euro	535 euro
3 000 – 3 999 km	580 euro	785 euro
4 000 – 7 999 km	1188 euro	1188 euro
8000 km or more	1735 euro	1735 euro



Read the  
[Travel rules](#)

- Participants can arrive 1 day before and leave 1 day after the project dates (24-31 March 2026). The accommodation for the extra-days is **not covered** by the project budget;
- In case of **green travel**, participants have 2 travel days for the arrivals and other 2 travel days for the departure. We ask you to inform us in advance in case you want to use green travel.

# HOW TO REACH US

1

First thing first, you need to arrive from your country to the **Tangier "Ibn Battouta" Airport**. Then you can reach the city in these ways:



If you find more convenient options to **other airports** (such as Marrakech), get in touch with us and we will recommend you the best option.



**BEST OPTION**



**Airport bus** to the city center / Medina area, which costs 40 MAD (around 4 €) and takes approximately 30–40 minutes.

At the airport, you can get a free **SIM card** and top it up with 20 GB of internet for 100 MAD (around 10 €), which is more than enough for the whole week. Just keep in mind that this expenses can not be reimbursed.



2

You can take a small local taxi to Merchan (Kasbah area) for 10 MAD (around 1 €). The accommodation is located in Merchan, just 5 minutes walking distance from the Old Medina.

**B PLAN**



Please remember that taxis are generally not refundable, so make sure to keep all tickets and receipts for reimbursement purposes.



You can reach the venue walking: here's the location

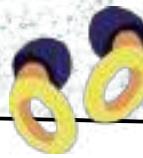
**Youth Meeting Center,  
Al-Qasbah Tangier**

3

# WHAT TO BRING



Bring your own  
bedsheets and towels



Earplugs and sleeping masks  
for a comfortable sleep



Comfortable clothes and shoes



Sun cream, hat and  
mosquito spray



Refillable bottle

Shampoo, shower gel and your  
personal care products



If you want, bring a musical instrument.



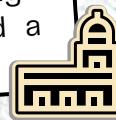
Transportable tools and games  
for your free time and personal  
comfort



# WHAT TO KNOW

The accommodation **does not have heating**, so please remember to bring warm clothes, especially for the evenings. Keep in mind that some activities may take place in different locations, both indoor and outdoor. Tangier is a city full of hills, so be prepared for some walking during the week.

Tangier is one of Morocco's most touristic and welcoming cities. People are generally very friendly and open, so we encourage you to come with an open mind and a positive attitude.



During the program, we will visit **Chefchaouen** and the nearby natural area of Akchour, known for its beautiful waterfalls. If you wish, you will have the opportunity to swim, so feel free to bring appropriate clothes.



During your free time, if you would like to visit places around the city, we recommend using the **InDrive app**. It is similar to Uber but more affordable and commonly used in Tangier.

[You can download the app here.](#)



## CONTACTS

# HOW TO APPLY

Do you want to apply? Fill out [this form.](#)

For any question, please, don't hesitate to contact us:

★ Marco: +39 3348138197 / [projects@linkyouth.org](mailto:projects@linkyouth.org) (for all the information about **travels** and **activities**)

★ Saad: +212 610-413133 / [liveroomofficial@gmail.com](mailto:liveroomofficial@gmail.com) (for all the information about the **city** and the **venues**)