

Cuimsiú

Training in Using Drama for Integration

Crooked House is inviting expressions of interest from partners in the Erasmus+ Programme Countries (the EU, Iceland, Liechtenstein, Norway, North Macedonia, Serbia, and Türkiye) to become a sending partner in the following Erasmus+ Key Action 1 programme.

Partners should email info@crookedhouse.ie before **Friday, 12th July** expressing their interest in taking part.

Theme

Cuimsiú (pronounced *quim-siu*) is a word in Gaeilge that means inclusion. We are interested to share our experience and to learn from other partner's experiences in working with young migrants aged 14 to 30. We want to explore how best we can use theatre and theatre methods to work with people who have arrived into our countries. We would like to use drama as a way to help them integrate. If your organisation has any experience in this field, we would love to have you as a partner. Or if you do not have experience but would like to learn more then consider coming to the training course.

Participants

This is an Erasmus+ training programme for cultural youth workers, theatre-makers and educators. Participants should either (a) be working in some capacity with young migrants in your home country, or (b) be very interested in learning how to use drama to work with young migrants in order to promote integration.

There is no upper age limit for participants, but they should be at least 18 years old.

We are particularly encouraging regular partners to consider sending participants who have never been on one of our projects before. We realise that this may make selection difficult, and if so, please email us to chat about it before you select.

There is no required group size. We will operate 'open groups' for this project. That means you select as many eligible and suitable participants as you think you can find and let us know by the deadline. Partners should have at least 2 participants and up to 10.

We are very conscious to try to maintain gender balance. Please do your best to bring equal (or very close to equal) genders to the activity.

Dates

The project runs from Saturday 25th July (travel day) to Saturday 1st August (travel day). The project activities will be from Sunday 26th to Friday 31st.

Activities

The training will focus on movement-based theatre activities that can be used with people who do not speak the language of the country to which they have migrated. So, participants can expect to do workshops in Laban techniques, Meyerhold techniques, Viewpoints, and other physical theatre practices. This training will be offered by artists from Crooked House and some of the partner organisations.

The training timetable will be finalised once we know who the partners are and we explore what they can bring to the project.

Schedule

General Structure

The activity consists of workshops, programmes, presentations, reflection sessions, performance opportunities, and cultural events. The training begins at 10.00am and finishes at 17.00 each day.

Core Training

The core training happens during two types of activities: the **morning workshops** and the **afternoon programmes**. A morning workshop lasts at least two hours and is offered for 4 mornings. It is the same workshop each time, but with a different group of participants. An afternoon programme runs with the same ensemble of participants throughout the training course. It lasts for approximately 3 hours a day for 5 days.

Reflection Sessions

During the week there will be a creative reflection session to help participants process the experiences they are having and to conscientize their learning. Each participant will also receive a Youth-Pass Certificate on completion of the course. There will be 'down time' or time to be on your own or to socialise in the evenings, after the programme and before dinner.

Presentations

There will be presentations on the theme of migrant rights in Europe, situations facing immigrants, and support organisations working with migrants.

A detailed timetable will be prepared and sent to all partner organisations and participants in advance of the training course.

As soon as you confirm with us that you will be a partner, start selecting your participants. Use this document as a source of information to promote the project.

Flights will continue to rise so early booking is advisable.

Getting to Isparta

Bus

There are several big airports in Turkey that you could find a flight to. See below for information about the public transport options:

From Istanbul

Turkey is a big country. Travelling by bus from one city to another might take a long time. If you are flying to Istanbul Airport, you first need to go to one of the national bus stations to get a bus to Isparta. The journey takes around 10-11 hours. You can find more about the bus trip options from Istanbul to Isparta here.

<https://www.rome2rio.com/map/Istanbul/Isparta#r/Bus/s/0>

From Izmir

If you get a bus from Izmir to Isparta, the journey will take around 7 hours. There are fewer flights that go to Izmir than there are to Istanbul. You can find the bus trip options from Izmir to Isparta here.

<https://www.rome2rio.com/map/%C4%B0zmir/Isparta#r/Bus>

From Antalya

If you get a bus from Antalya to Isparta, the journey will take around 2 hours. There are fewer flights that go to Antalya than there are to Izmir and Istanbul. You can find the bus trip options from Antalya to Isparta here.

<https://www.rome2rio.com/map/Antalya/Isparta#r/Bus/s/0>

There are some other cities that you could take a flight to such as Mugla/Bodrum, Mugla/Dalaman, Ankara, you can search these options through www.skyscanner.com.

Flight

Istanbul Airport (IST) is the only one in Turkey that has a flight to Isparta. Unfortunately, there is only one flight every day except Tuesdays. It takes about an hour.

You can find the flights here: <https://www.turkishairlines.com/en-int>

Getting to Isparta city centre from the airport

There is a bus from the airport to the city centre and whenever it gets full, it starts the journey. Therefore, there is no scheduled time for it. Since there is only one flight a day from Istanbul to Isparta, the bus company arranges the bus trip according to the passengers' arrival time.

The bus is called S.S No 52. The price of the bus is currently 15 Turkish Lira (53 cent), and you will need to pay the bus by cash.

Accommodation

Accommodation will be in Isparta centre. We have not yet confirmed accommodation but in previous years we stayed at [Basmacioğlu Hotel](#), Isparta.

Getting to Süleyman Demirel University from the hotel's location

We will provide a bus free for our participants to travel every morning. If you miss it, there is a public bus stop right across the hotel. There are regular and frequent buses to the university. The price for a one-way journey on public bus is 15 Turkish Lira (33 cent).

Meals

Breakfast is included in the hotel.

Lunch is provided by the university, and we will have it in the Student Restaurant in the Fine Arts Campus.

(Here is a [video](#) of it - ignore the Turkish commentator, she is talking about the reopening process after the pandemic).

During afternoon breaks we will have tea, coffee, juices and snacks available.

Dinner is in the city centre.

Personal Insurance

Insurance cover for personal effects is the responsibility of the individual participant. It is mandatory that all participants are insured. The European Health Insurance Card does not apply to Türkiye so participants must take out travel and health insurance at home. There are several short-term trip insurance companies online and it is not so expensive. Each partner must be responsible for ensuring that their participants have taken out travel and health insurance before travelling.



As Turkey is a **non-EU country**, the European Health Insurance Card is **not valid**. Therefore, both EU and Non-EU organisations **should take out travel and health insurance policies**. They are usually quite cheap – however, we cannot reimburse the costs of this, unless it is included within the travel budget allocated to each of the participants (i.e. the insurance provided by the airline).

EU residents traveling to Turkey can secure affordable travel and health insurance with single-trip policies starting around €1.50 to €3.50 per day.

Plugs, chargers and adapters

For Turkey the associated plug type is C, which is the plug that has two round pins. If your plug type is different, you will need a travel adapter as pictured.



Travel Budget

The travel budget has been determined using the Erasmus+ rules regarding distance-bands. These were the distances applied for in the project application. Travel should be initially paid by the partner organisation for participants. Then they claim it back from Crooked House. Reimbursement will be made soon after we have received all of the receipts and the invoice from the partner organisation.

Travel distance	Green travel*	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR
8000 km or more	1735 EUR	1735 EUR

* Green Travel: Travel that uses low emissions means of transport for at least half of the round trip, such as bus, train, bike, or car-pooling. Traveling by boat will be considered as green travel if combined with other low emissions means of transport.

To calculate your maximum travel allowance, please go to the Erasmus+ [Distance Calculator](#) and calculate the distance from your home base to Isparta, Türkiye. Then go [here](#) (scroll to the bottom of the page) and match the distance to the available budget.

Workshop and Programme Facilitators

If someone, suitably trained and experienced, in your organisations, wishes to offer a morning workshop or an afternoon devising programme, ask them to fill in this form in English. <https://forms.gle/mHA7njXMqCHVELQR6>

They should do this before 19th June. After that date we will select people to offer training. Bear in mind that not everyone who applies will be selected to offer training.

There is a rate of payment for artists or youth workers who are selected to offer training. This is €35 per hour for a single facilitator offering the training on their own. If a pair of facilitators wish to cofacilitate the rate is €17.50 per hour per facilitator. Travel, food and accommodation are also funded by the budget.

They will be paid when they complete a simple Invoice Form claiming the payment from Crooked House. Alternatively, the partner organisation may choose to submit the form on behalf of the facilitator and pay them when they receive the money from us.

Please send any questions to:
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