



Gend-ART!

Hosting organization: [La Vfbria Intercultural](#)

Venue: Mura, Catalonia, Spain

Youth Exchange dates: 12-19 January 2018

Number of Participants: 4 + 1 youth leader, per country

Age: 18 - 25 (no age limit for youth leaders)

Participant countries: Estonia, Italy, Turkey, France, Spain

Partners: Seiklejate Vennaskond, Associazione Culturale Link, Basak Kultur ve Sanat Vakfi, Intercultura

Language: Project will be run in English.

Gend-ART! is a youth exchange on gender equality and stereotype deconstruction through arts, mainly theatre and painting. It will take place in Mura, a little historical village in Barcelona province. The participants will be hosted in the hostel Els Caus. The vast majority of the youngsters involved in this project will be from 18 to 25 years old, and they will come from 5 different countries: France, Estonia, Spain, Italy and Turkey. We would like to involve young people with fewer opportunities related to difficulties regarding gender issues.

The main objective is to understand the world from a critical gender perspective and see art as a political tool to transform society. In fact, during this week we will discover new techniques through theatre, dancing, painting, graffiti and music. Principally, we will work the following concepts: gender identity, intersectionality, equality, violence sexuality, culture and tradition.

The objectives of the Youth Exchange are the following:

- Understand the importance of gender as an element of identity creation and its interrelation with other factors such as age, race, sexuality, etc.
- Understand gender as a social construction
- Promote respect for the figure of women in an intercultural manner
- Understand the structural elements of an "ideal" and overcome its social imposition
- Develop critical thinking
- Eradicate radicalism, gender discrimination and gender violence
- Be aware of the impact of art on society, as a tool for equality and empowerment
- Understand the process of social construction of gender ideals and their social impact in the different vital spheres
- Encourage communication and emotional expression increasing interest in different artistic techniques
- Develop creativity, empathy and mutual respect
- Get to know other cultures, promoting tolerance and peace and reinforcing a common identity.

Venue

Our hostel is located in the little village of Mura, a municipality of the region of [Bages](#), in the province of Barcelona, Spain. The village is located in the [Parc Natural de Sant Llorenç del Munt i L'Obac](#). Mura, retains its medieval charm. It's a picturesque village with beautiful natural surroundings.

Participants will sleep in 2 big rooms, in bunks. Blankets will be provided. The hostel "Els Caus" pays special attention on food: mostly Km0, traditional and ecological.

<http://elscausdemura.coop/>



Plan your trip

Please buy your tickets asap in order to get cheaper prices!!

The closest airport and best option is **Barcelona-El Prat**, but you can also check other possibilities arriving to other airports in Catalonia, as Girona and Reus, the bus from there to Barcelona is about an hour and a half, and the price about 15-20€ one way.

There will be a **bus picking up the entire group in Barcelona center**; the exact place and hour will depend on the last group arriving, **please try to arrive before 18h!** During the project we are **NOT** going to visit Barcelona, if you are interested on it you can do it on your own, at your arrival (if you arrive early enough) or last day (if you have time enough before your flight).

You can book your flight a maximum of 2 days before OR after the project. Notice that **extra days will not be covered by the project.**

Remember before buying your tickets to double check with us, sending an email to info@vibria.org.

We expect all the group, leader + 4 participants, to travel together.

Reimbursement:

Your travel expenses will be reimbursed to the account of your organisation, **3 months after the end of the project.** There are few rules to follow:

- You must travel in the most cost efficient way available to you.
- You must provide details of group travel plans to us for verification and approval: info@vibria.org
- You must supply all the original travel documents (receipts, invoices, tickets and boarding passes) for BOTH your journeys to and from the youth exchange.
- Digital copies of travel documents are also very useful, so please also email these to us.
- You must attend all the sessions and commit yourself fully to the activities.
- You must complete and sign a Reimbursement Form.
- After coming back home, you should send the **original** remaining boarding passes and any other documents from return journey of the entire group by post to:

La Vibria Intercultural
Av. Jacquard 1 08222
Terrassa, Spain

Maximum to be reimbursed

Country	Participants	Travel cost limit (per person)
Estonia	4+1 leader	360€
Italy	4+1 leader	275€
Turkey	4+1 leader	360€
France	4+1 leader	275€
Spain	5+2 leaders	20€

Once you have bought your flight please write [HERE](#) the details of your travel.

How to prepare for the Youth Exchange:

Create a vídeo

Interviewing an association from your country that works on gender equality to discover their goal and objectives, which kind of activities they do, their motivations... (máximum 5 minutes).

Please record horizontally and take care of the sound!

Intercultural evening During the youth exchange we will have intercultural evenings where all the countries will present their culture (dances, songs, typical food). Please be original and make it interactive (involving the public): you can do a quiz, organize competitions, play typical games, teach a dance or a song, propose a karaoke, etc.

What to bring with you:

- A mug you would like to exchange. (you will get one instead)
- A catalog of toys for children from any toy shop of your country
- Some typical food, drinks, music... for intercultural night
- Warm clothes! This is the coldest period in Spain, be prepared!
- Shower towel, hygiene stuff...
- Comfortable walking shoes (for excursion)
- Canteen (water bottle for excursion)

CONTACTS

La Vibria Intercultural

Carles: 0034 635 929 000

Carol: 0034 646 83 63 70

info@vibria.org

www.vibria.org

fb: Vibria Intercultural

Tt: @LaVibria

ig: vibria.intercultural

See you soon!

Yours sincerely,

La Vibria Team.

