

Youth Exchange: “We get involved!”

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About the Youth Exchange



This exchange is born to discover the causes of the lack of youth participation and to creating a space of dialogue between young Europeans, decision makers in youth field, and to think in common strategies to limit the phenomenon and involve more young people.

The exchange overall objective is to promote youth participation. The specific objectives are:

- Individuate the causes of the lack of youth participation
- Provide a space of dialogue with young people from different countries and decision maker in the youth field
- To inform young people about the opportunities offered by the EU (above all Erasmus +) and exchange experiences and best practices
- Develop strategies to encourage youth participation, from youth to youth.

To achieve our goal, 30 youth will take part to this 7 days exchange, in Ciudad Real (Spain) from 23th to 29th October 2016 developed in the Youth Hostel Orea (main activities), the Public Library of the State, Ciudad Real and cultural visit (as other youth organizations will be announced) to Daimiel.

Dates



Arrival : 23 October 2016

Project dates: 24-28 October 2016

Departure: 29 October 2016

Countries



Organizers: **Organization Mille Cunti from Spain**

Participants: Italy, Portugal, Estonia, Lithuania and Romania.

Target group



The exchange “We Get Involved!” is adressed at young people between 20 and 30 years, highly motivated on the subject and that have the power to use the knowledge and skills acquired, during the project, in their local communities, motivating, informing, and raising awareness and encouraging youth participation and European citizenship.

4 participants, with gender balance (2 girls and 2 boys)

1 group leader with no age limit

Training location



The project will take place in Ciudad Real, located in Castilla La Mancha Region.

During the Youth Exchange the participants will be accommodated in the Youth Hostel "Granja Escuela Orea". You can have a look here <http://www.granjaorea.com/>.

The Youth Hostel is located in Road Toledo, s/n - Apdo. Correos 489 , 13005 Ciudad Real. We will come to pick you up in Ciudad Real's train station.

Participants are going to be accommodated in shared rooms. Bed lines are provided

Transport



From Madrid Barajas to Atocha Train Station:

There is airport bus to main bust station named AIRPORT EXPRESS. Link to the time line:

<http://www.emtmadrid.es/Bloques-EMT/Aeropuerto.aspx?lang=en-GB>

The ticket cost 5 euros. You can buy the ticket at the same bus. The company's name is EMT. At the airport you can change money.

At the Atocha Train Station you have to buy a ticket at the ticket office and take the train to Ciudad Real.

From Ciudad Real Train Station to Youth Hostel Orea:

The Spanish team will come to pick you up by car in the Ciudad Real train station.

Bring with you



For the project

Information about your organization and activities.
Some food, drink, music, flag, etc.. representing your culture.
Comfortable clothes and shoes.

For special needs

Medicine you are using.
Hygiene cosmetic (we don't provided it) and towels.

For the travel

Passport or ID
Travel documents (boarding pass and bill/tickets)

For pleasure

Photo camera, laptop, etc...

Curiosity



Tapas

In all Ciudad Real Bar you have the possibility to buy a drink and a snack for 2 / 2.5 euros. This is called TAPAS.
The wheatear will be around 20-25 degrees with some sunny and raining days.

Weather

The wheatear will be around 20-25 degrees with some sunny and raining days.

Reimbursement of travel cost



In order to get reimbursement of travel cost you must after the training course send to Mille Cunti Organization the original travel tickets, bills and receipts.

Participants must travel from the country of their sending organization, and back directly.

Following the guidelines of the Erasmus+ program the travel back must be realized by the participants within maximum of 2 days, upon the realization of the training. In case of longer stays and or indirect travelling there is no chance of reimbursement of the travel cost.

Missing tickets will not be reimbursed. Reimbursement will be done after the training course once you send all original ticket from the travel to Mille Cunti Organization and after you fill in the "Participants individual Report."

The process can take up to 1 to 2 months.

The budgeted for participant travel cost is:

Italy: 170 euros
Portugal: 80 euros
Estonia: 400 euros
Lithuania: 270 euros
Romania: 270 euros

Deadline to buy ticket is: 02.09.2016



During all preparation period feel free to contact us. We are ready to assist when planning your travel as to provide you any additional information.

Contact



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