



INFO PACK

1/03/2018-31/10/2018

***Super Heroes Volunteers - Individual volunteering
EKS in CampoSfera***

Who are we?

Foundation for Creative Space and Development CampoSfera was established in 2013 by 4 people who have been involved in 3rd sector activities for many years. The aim of

Foundation CampoSfera is to initiate activities and projects that will connect education with sustainable development, ecology and innovation. In August 2013, only 4 months after registration, the Foundation signed an agreement with the Sedziszow municipality in swietokrzyskie voivodeship. Within the agreement the Foundation have rented a building after a closed village school of 550m² with the surrounding area of 1,3 ha for 25 years for the purpose of Foundation's activities. The building has been renovated in mid 2014. The current state of the building allows the foundation to host groups up to 30 people for a longer period. The building is heated, it includes bedrooms, showers, toilets, training rooms, kitchen, dining room and a workshop.

We have a permaculture garden. A green space for both visual and practical purposes arranged and sustained according to nature without the use of chemical fertilizers. The garden includes vegetables, herbs and green architecture



such as willow arbour.

The Foundation is also area of innovative ecological solutions that can be spread throughout the society. We want to offer space for workshops on such ideas as home made solar collector, rocket mass heater, green architecture, etc.

An important element of the Foundation activities are trainings and workshops. We want them to be unusual, interesting and creative with the use of non-formal education methods that we specialize in. Also, our workshops teach about tolerance and openness, promote anti-consumerist lifestyle that focus more on nature and its value for human beings.

The main target group of Foundation CampoSfera's activities is youth, local and international. We want to give the local community an opportunity to meet with representatives of various European and world cultures, to learn foreign languages and be inspired by youth from all over the world.

The philosophy of the foundation is strongly connected with the idea of sustainability. We believe that the environment protection is effective only if it is applied to all areas of life. An important part of our philosophy is the power of cooperation instead of competition. One of our long-term goals is to create a small sustainable community with people who find our philosophy and way of life similar to ours.

We own one dog who lives outside. He is big but friendly and playful. ☺



Check us on:



Where are we?

The Foundation is placed in *Klimontów* near the city of *Sedziszów* in *Swietokrzyskie* region, Poland. It is a **small village** on the border of three regions. It is a peaceful place, well connected with *Kraków* (airport), *Kielce* and *Katowice* (airport), the capitals of the three regions.



Klimontów is a small village with 300 inhabitants.
There is one shop in the village.

There is no: supermarkets, bars, cash exchange office. It is a typical small Polish village.

The location of the Foundation is connected with the nature of the project – ecology and rural development!

Nonetheless, *Klimontów* is well connected with bigger cities: *Kielce* (200 000 inhabitants, 1 h by train), *Krakow* (760 000, 1 h), *Katowice* (300 000, 2 h). The nearest town is *Sedziszów* (6 600, 5 min. train) placed 10 km away where volunteers can make bigger shopping and visit a restaurant or a bar.

We encourage the volunteers to visit bigger cities in free time (weekend). Especially *Kielce*, where our partner organization hosts 13 ESC volunteers who are frequent guests of *CampoSfera* and *Krakow*, which is a touristic and cultural place.

There are 6 bikes available for volunteers' use.



Volunteers' tasks:



The volunteers tasks are shared between three areas:

1. Work connected with the local community

This will include:

- organizing small fests in various places in the region in cooperation with the local organizations and cultural institutions. Volunteers, kindergartens; topics will cover such issues as tolerance and openness to diversity, Volunteers can also prepare workshops and meetings on topic that they find interesting for them.
- organizing meetings and workshops in schools and kindergartens; topics will cover such issues as tolerance and openness to diversity, Volunteers can also prepare workshops and meetings on topic that they find interesting for them.
- providing guidance and support for local youth who would like to take part in international youth exchanges or volunteering (ECS or other opportunities).

2. Work connected with the Foundation's building and area around, support Landscape Park and local eko-farmers

This will include:

- taking care of the garden: weeding, planting, watering, sowing, harvesting, etc. - the garden will not only have decorative function. We have created a permaculture garden. It produces vegetables for the use of all CampoSfera inhabitants.

- organizing the area according to the season: mowing, snow removal, raking leaves, etc.

- works connected with some finishing work in the building: painting walls, drilling, nailing, cutting, furniture renovation, etc. - the building offers a workshop with many tools which our volunteers use for their creative work (instrument creation, making wood furniture, renovating old furniture, handcraft).

All this work will be distributed according to the volunteers' abilities and physical strength.

- Help in harvesting and field work.



- Help in active protection of nature.

3. Helping with the events organized and hosted by the Foundation

Important part of the Foundation tasks are international and local projects happening in CampoSfera. We host groups of youth exchanges, training (international and for Polish participants), festivals. During those events we involve volunteers into work such as:

- Cooking for the group,
- Cleaning after the group,
- Organizing free time for the group
- Arranging the space for the events



If it is possible, volunteers may be included in workshops happening during the events.



WE ARE ABSOLUTELY OPEN TO VOLUNTEERS' INITIATIVES CONNECTED TO OUR FIELD OF INTEREST.

This may include arrangement of the area/building as well as events for the local community that the volunteers would like to organize.

The volunteers will be also involved in the team ESC that will be hosted here from June to October. During that time all the volunteers (14 short-term and 6 long-term) will help in organizing a music festival.



Volunteer's profile:

The volunteers we would like to host should, first of all, be willing to live and work in the rural area and not be afraid of physical and outdoor works.

We would especially welcome people who are interested in ecology, permaculture, gardening, and/or working with the small local community in rural areas (especially kids and youth). Our main concern is that the volunteers will find the project interesting, personally developing, fruitful in terms of knowledge and skills and simply satisfying. In our opinion, people with the above mentioned features and interest would feel most fulfilled.

Age limitation: 17-30

Foundation is a special place where you can find a place of solitude and calmness while working close to nature (especially in early spring and late autumn) but also a place where many people come and go and a lot happens (especially in summer). In CampoSfera the volunteers will have a chance to meet people from all over the world who come to volunteer for a shorter or longer period of time. So far we have hosted volunteers from Colombia, Mexico, Japan, Malaysia, Spain, Sweden, Romania, Germany, the US, Canada, Belgium, Italy, Portugal, Andorra, France, Turkey, Taiwan, Croatia. We also host international project groups of 15 up to 40 people. In summer we organize music festival for the local community and outdoor cinema.

Learning outcomes

Foundation CampoSfera offers volunteers knowledge and skills such as:

- skills in gardening, solidarity, protection of the natural environment
- skills in handcraft work: furniture renovation, working with wood, upcycling,
- making and baking bread, smoking food products, making home-made preserves, etc.
- working and living in a small community,
- working with youth and children from rural areas,
- knowledge and methods of leading workshops,



- skills in public speaking,
- knowledge of organizing international projects, such as youth exchanges,
- knowledge in organizing events such as small festivals, outdoor cinema, etc.
- working in international environment,
- understanding the ideas of sustainable development, responsible consumerism, resource distribution and ecological solutions in everyday life.

Reimbursement Of Travel Costs

As a hosting organization we will reimburse the travel costs up to the sums set by the ESC program. For reimbursement process we need the tickets with visible sum, name of the traveler, dates and the route. We will reimburse travel costs max. 4 weeks after receiving the documents.

Accommodation Arrangement

The volunteers will be accommodated in two rooms (max. 2 person in one room) in the ex-school building owned by the Foundation (2nd floor).

Volunteers living in the school will have access to bathroom with showers and a toilet. These spaces are also open for use by the groups hosted by CampoSfera. They will also have access to the kitchen where they can prepare meals for themselves. Other rooms available for the volunteers are: dining room, chill-out room and workshop.

Furthermore, the volunteers will have access to the school building where most of the activities will take place and the outside area of 1,3 ha.

Financial Arrangement

The volunteers will receive **pocket money** in the amount of the equivalent of 4 EUR (around 16 PLN) per day per person. The money will be sent to the volunteers personal bank account that will be opened after their arrival to Poland.



For food support the volunteers will receive 260 PLN per month per person. Additionally, the volunteers will receive 70 PLN per month per person **travel support**. This money is given to allow volunteers to travel to bigger cities in free time every weekend. However, the volunteers may spend them differently if they wish.

CampoSfera's philosophy

We are an ecological organization, that tries to apply the rules of ecological standards in our daily life. Some rules connected with this:

1. Garbage segregation.
2. Responsible usage of water
3. Limiting garbage production (shopping, not using disposable cutlery, dishes etc.). We are heading towards the ZERO WASTE philosophy.
4. Changing shoes inside the building
5. Responsible usage of electricity (turning off the light while leaving the room, unplugging electric devises when not used: charger, laptop, etc)
6. No smoking inside the building and any fire.
7. No late parties on the 1st floor

Volunteers will be asked to follow the rules while staying in CampoSfera.

We believe that volunteers are modern super heroes! Join the Campo team and become a super hero. We are changing the world!

