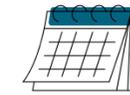




Funded by
the European Union



21-28 May



Cristuru Secuiesc



YOUTH EXCHANGE ON

Creating Possibilities

FROM SCRATCH



Are you one of those who refuses to accept that “nothing ever happens” in small towns or rural areas?

Welcome in the CLUB!

Possibilities are always there, we just need to find them!

If you are in:

Pack your bag and join to our youth exchange.



The best ideas come from just starting.

-Mr. Beast



Who are we?

ATA, the **Youth Association from Transylvania** is an organization set up in the end of 2011. Its founders all have extensive experience in the NGO field, by **writing, managing and organizing local and regional projects**, Youth in Action / Erasmus+ Exchanges, Initiatives, Voluntary projects and Trainings, and Cooperation Partnerships. The main objective of the association is to enable youth to take part in mobilities that support their self development.



"Building communities home & abroad."

Our aims:

We aim to help, develop, promote and represent the general interests of the communities in Transylvania by having volunteering based social, cultural, sporting, educational, recreational and professional training activities, and thus promoting the active involvement of youth in the perpetuation of ethnic, national and European values.

"We show Transylvania to Europe & Europe to Transylvania..."



About the Project:

The Youth Association from Transylvania has a seven years youth accreditation or strategy, approved by the Romanian National Agency, and within that, we aim to develop young people by offering them international experiences and our expertise in inclusion, entrepreneurship and sustainability, and also our facilities. This youth exchange is one step taking us closer to reaching this aim.

Our strategy for 7 years includes 7 objectives:

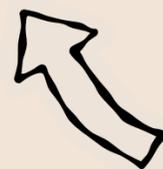
- inclusion, soft skills and entrepreneurship
- help and enhance teachers' and pupils' capacities
- fight addictions and domestic violence
- **fighting the small-town syndrome**
- create new synergies across entities
- Have a youth center
- inclusion of minorities and the disabled

1

To encourage active youth participation and long term engagement by supporting participants to turn ideas into concrete actions in their local communities.

3

To develop practical skills in teamwork, idea development, project planning & basic fundraising through hands-on, experiential learning.



Goals of the project:



2

To help participants discover their motivation and "why", connecting personal interests with community needs and real-life opportunities.



4

To empower young people from small towns to believe that lack of infrastructure does not mean lack of possibilities - and that meaningful initiatives can start anywhere.

Participant's profile:

We are looking for **36 participants, 5 young people** from each partner country, aged **between 14-17 and 1 leader (21+)/partner** who:



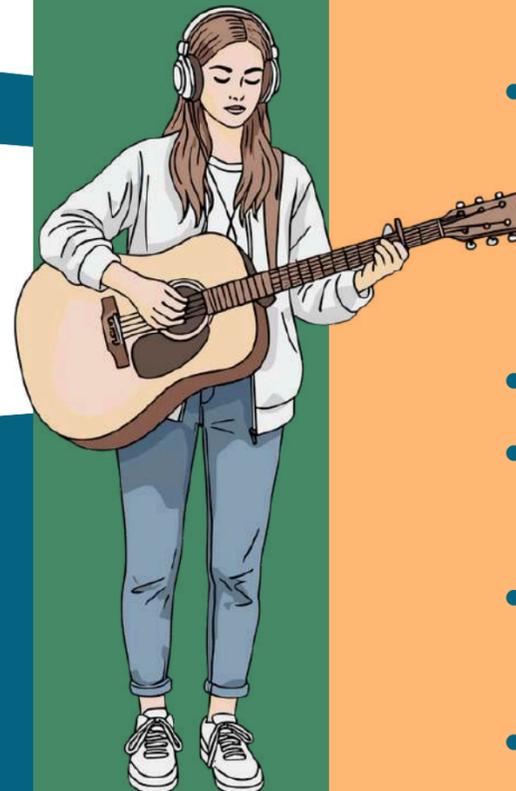
can speak English in a communication level ✓

are interested in the goals of the project ✓

Agree with our code of conduct and wants to respect it. ✓

Are motivated. ✓

Ready to express thoughts, have fun & make new friends. ✓



Code of Conduct:

This is a free will agreement, the collection of fundamental values and principles that make the journey smoother and more enjoyable for everyone. By applying, you agree to do your best to follow these:

- Respect each others and be on time!
- Listen actively and avoid interrupting!
- Try to be attentive and engage in discussions, group work, and activities!
- Respect everyone - avoid stereotypes, offensive jokes, assumptions or any type of discrimination based on gender, ethnicity, religion, nationality, or sexual orientation!
- Help to keep common areas clean and tidy!
- Inform facilitators in case of well founded absences or any issues!
- Avoid alcohol consumption during the project especially during programs!
- No drugs are allowed at all!



About the place:

Cristuru Secuiesc (RO)
Székelykeresztúr (HU)

A small town in Harghita County, Romania, situated in Seckler Land, an ethno-cultural region **in eastern Transylvania** where the majority of the population is Seckler, who are a **Hungarian ethnic** group which speak a distinct dialect of Hungarian. The **population** of the town is **10.000**, from which 96% are of Hungarian ethnicity, 3% of Romanian while 1% belongs to other groups. The neighboring towns are Sighișoara in the west (with a medieval fortress) and Odorheiu Secuiesc in the east.



Travel Info:

The project will have **8 activity days** between **21-28th of May, 2026**, not including travel days. **Travel days** will be on the **20th and 29th of May**. (extra days are available for those who come by Green Travel).

We **recommend Green** means of travel for everyone as this is part of our core priorities. It means you can travel by bus, train or car-sharing, stop along the way for meals or sleep, etc. If this is not possible then you can fly to Bucharest, Cluj, Sibiu, Braşov or Târgu Mureş.

Distance Calculator:

Travel distance	Green travel	Non-Green travel
10 - 99 km	56 EUR	28 EUR
100 - 499 km	285 EUR	211 EUR
500 - 1999 km	417 EUR	309 EUR
2000 - 2999 km	535 EUR	395 EUR
3000 - 3999 km	785 EUR	580 EUR
4000 - 7999 km	1188 EUR	1188 EUR
8000 km or more	1735 EUR	1735 EUR

Reimbursement Info:

Firstly, **DO NOT** BUY any tickets before receiving confirmation from us!

Travel expenses will be reimbursed to the sending organization - or directly to the participants - **within a maximum of 2 months** after the mobility, if the follow up steps are all done (filling reports, uploading tickets and proofs of payment, disseminating mobility outcomes).

Important!

Within Romania, we will assist you in finding the best transport option from airports or train/bus stations to the venue, **so please reach out to us** before purchasing any tickets within Romania. If no public transport options are available, **we will arrange your transport to the venue!**

If you choose to come with **Green travel from farther than 1000 km**, you have the option to **travel during 2 days**. Also, **in this case**, if you keep and upload **meal and accommodation invoices**, those **will also be reimbursed** until 64 Euro/day.

Please bring your **ID or Passport** and your European **Health Insurance** Card or Health/Travel Insurance!





Venue: ATA House



The activities will take place in our Youth House and that is where we will also have the coffee-snack breaks.

You will be hosted in Petőfi Motel in separate apartments, with 2-3 beds in each and separate bathrooms.



Accommodation: Petőfi Motel



Food: European + Traditional



3 meals a day will be provided in one of the city's restaurants. You will be served typical Hungarian and Romanian food, also regular European dishes paying attention on everyone's dietary restrictions.

Planned Schedule:

May
20th

A
R
R
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V
A
L
S

May
21th

Get to know each
others, the city &
Erasmust

Day1

May
22nd

Unlock new hobbies,
learn from each
other.

Day2

May
23rd

Unlock new hobbies,
learn from each
other.

Day3

May
24th

Spice it up:
(gaining knowledge
about organisation).
+Visiting Sighisoara

Day4

May
25th

Find your WHY &
your WAY.

Day5

May
26th

Planning and taking
concrete action.

Day6

May
27th

Open day to show
what we learnt.

Day7

May
28th

Reflections &
evaluations.

Day8

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May
29th

*Intercultural Nights & Daily Reflections & other fun activities will be also included.

What you as a team have to bring:



1

A creative **presentation of your country** for your intercultural night. (It can be anything, a PPT presentation, an act, dances, foods, quizzes or the mixture of any of these.)

2

A so called **CLUB ACTIVITY**. It means you choose something you all (or almost all) loves to do and prepare a 1,5 hour activity based on it for the whole group (36+ ppl).

For example if you all love books or stories you can choose to prepare a BOOK CLUB. It doesn't mean we will all sit and read in silence. It can be that we have a debate about which is better: books or film implementations. Or we can have an activity on storytelling, or on self knowledge based on stories, or common story creation etc. You can be creative and on the next page I also provide some extra ideas as hints.



What you as a person have to bring:



May in Romania usually has pleasant spring weather, with daytime temperatures between 20 °C and 25 °C and nighttime lows around 10-15°C. It's usually warm enough for **T-shirts** during the day, but evenings can feel cool. Showers are also fairly common in spring, so **rain gear is practical. Bring some layers of cloths!**

The accommodation is basic, so please remember to **bring your own towels, flip-flops** for the shower, **and personal hygiene items**. There is no washing machine available at the accommodation, but a laundry service is available in town if needed.



The official currency of Romania is **RON**. Card payment is widely accepted; however, it's always **good to have some cash** for small expenses. A currency exchange office is available in the city.

Cristuru offers access to basic facilities, including supermarkets (e.g. LIDL), clothing stores, coffee shops, and restaurants.



Ideas & Examples for CLUB ACTIVITY

THEATRE / DRAMA CLUB

If you love acting, expressing emotions, or telling stories on stage, you can choose to create a Theatre or Drama Club.

This doesn't mean performing a full play right away. You could start with improvisation games, role-plays about everyday situations, creating short scenes based on personal stories, or exploring topics like confidence and communication through theatre exercises.



PROGRAMMING / TECH CLUB

If you are interested in technology, you can create a Programming or Tech Club.

This doesn't require advanced knowledge. You can learn basics together, explore coding games, build simple websites, design digital posters, or discuss how technology can be used to support community initiatives.

MUSIC / BAND CLUB

If you are into music, you can create a Music Club or Band. This doesn't mean everyone has to be a professional musician. You could experiment with sounds, write lyrics together, learn basic rhythm or instruments, share favorite songs, or create a small acoustic jam session or open mic event.

CRAFTS / CREATIVE CLUB

If you enjoy making things with your hands, you can start a Crafts or Creative Club. This can include drawing, painting, upcycling, DIY projects, or creating decorations for local events. You can also talk about sustainability and creativity using simple, low-cost materials.



Ideas & Examples for CLUB ACTIVITY

- Keep in mind that the activity you lead should work for **36+ people**.
- You can **split people** into smaller groups - just make sure the groups are **mixed randomly**.
- Watch the time and try to keep your activity within or around **1,5 hour**.
- Not everyone in your team has to lead at the same time, it's on you. You can **share roles** so everyone gets a chance to be involved.
- Most important: **have fun!** It doesn't have to be perfect. Your goal is to create a good vibe, help others enjoy the activity, and learn something along the way.

SPORT CLUB

If you enjoy being active, you can start a Sports or Movement Club. You could organize friendly matches, try out different sports, create outdoor fitness challenges, or focus on teamwork, fair play, and well-being through physical activities, play any games based on physical activity.



SCIENCE CLUB

If you are curious about how the world works and like asking questions, you can choose to create a Science Club.

This doesn't mean sitting in a classroom or listening to long lectures. You could do simple experiments using everyday materials, explore fun science facts, discuss topics like space, climate change, or technology, organize science quizzes, or connect science to real-life problems in your community.

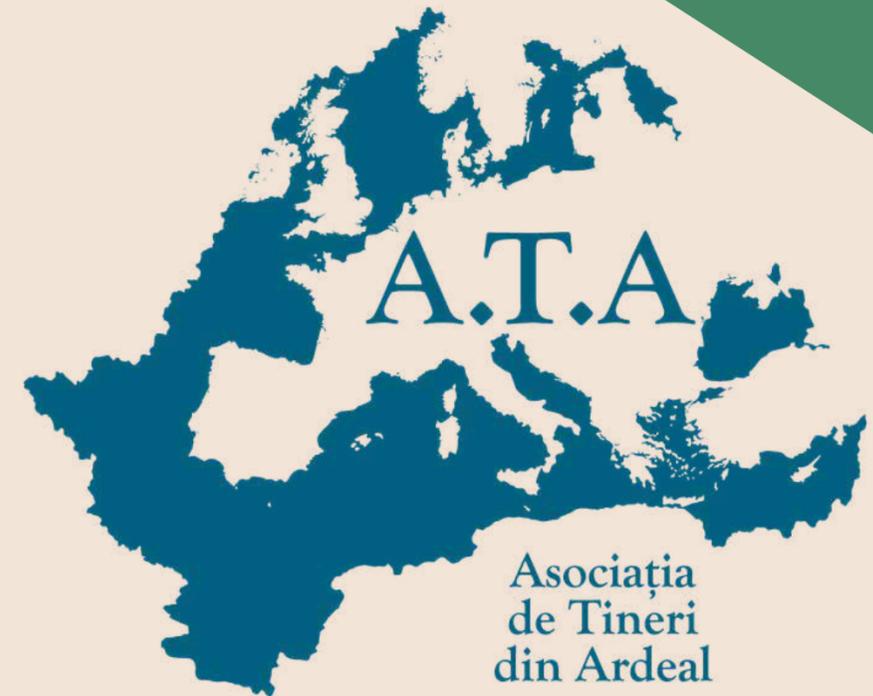


**For more information
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SEE YOU SOON!



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