



- VOLUNTEERING PROJECT-

THE YOUTH POWER: LEARNING AND SOLIDARITY

Intergenerational Solidarity

Alzheimer León

PROJECT DETAILS

“THE YOUTH POWER: LEARNING AND SOLIDARITY” is a project which involves a total of 6 European Volunteers who will develop their activities in different organizations in León city at the same time but with different objectives.

“INTERGENERATIONA SOLIDARITY” is one of these activities. It will take place in Alzheimer León with the aim of creating a solidarity space in which the volunteer can develop intergenerational skills for promoting the social inclusion of people with Alzheimer disease and their families.

Auryn Association is the coordinating orga.

INFO ABOUT HOSTING ORGANIZATION:

ALZHEIMER LEÓN

Alzheimer León has been working for more than 25 years improving the life quality of Alzheimer patients and their families, as well as sensitizing society about the disease. The main purposes of all Alzheimer's association efforts to improve the quality of life of those affected are; encourage research, protect the rights of the sick, support families, inform society to enhance the early diagnosis of new cases, provide a specialized training to the professionals that are responsible for dealing with the day with Alzheimer's disease and other dementias, and to promote awareness of this disease.



A multidisciplinary team composed of more than 60 professionals, social workers, psychologists, social educators, etc., develops direct management of programs, centers and services aimed at the sick, the family and society.

INFO ABOUT COORDINATING ORGANIZATION:

AURYN ASSOCIATION

Aurn Association is the coordinating organization in this European Solidarity Corps project. It started its work in November 2001 with the aim of creating spaces, possibilities and leisure and educational activities for children and youth in León. The Association works in the field of prevention, leisure time activities, Human Rights education, European mobility, intercultural and environmental education and sociocultural development with a personal educational style.

EUROPEAN VOLUNTEER'S PROFILE

- Young people aged between 18 and 30.
- Young people interested in volunteering in projects about educational intervention with Alzheimer patients, their families, volunteers and surrounding schools.
- People preferably with some training or experience in the field of mental disabilities, the care of dependent people, etc.
- Young people with some knowledge of Spanish.
- Youngsters with social skills appropriated for working with elderly people.
- Availability and compromise to participate along the whole Solidarity Project.

VOLUNTEERING PROJECT

VOLUNTEERING TASKS

The volunteer will develop his or her activities in the day center and in the therapeutic center of the Alzheimer León. The volunteer tasks will be related with:

- Participation in daily activities with patients, with initial training for accompaniment in workshops and activities and with constant support and professional supervision.
- Intervention in dissemination, promotion and meetings
- Intervention in intergenerational activities that the association develops, such as theater, playroom, visits to educational centers, etc.
- Participation in other activities such as craft and carnival workshops, road education workshops, equine therapy activity, dog Therapy Activities, Christmas activities, World Alzheimer's Day, etc.

WORKING HOURS AND DAYS OFF

5 days a week for voluntary service, seven hours a day (morning and afternoon), 2 consecutive days off each week and 2 days for holidays in each month during the project. In some special activities (activities performed during the weekend), the volunteer may be asked to participate. In that case, the consent of the volunteer will be always necessary (and the organization will give him or her some extra days off).

In the case that the volunteer knows any date when he or she will be absent, s/he must communicate it to the organization as soon as possible in order to organize the activities.

Due to the characteristics of the activities developed in the organization and the fact that this activities are different during the school holidays, the volunteer should organize his or her holidays according to the activities calendar of the organization and the calendar that will be proposed to him or her. In order to make it easy, the organization will let know the schedule of the activities as soon as possible.

SUPPORT

The volunteers will have the support of a mentor and people from the host organization in order to feel supported and welcomed in their EVS learning experience. In addition, they will have access to the Online Linguistic Support (OLS) and they will have the possibility to evaluate their learning process and get the Youthpas certificate.

GENERAL INFORMATION

The Volunteering project “Intergenerational Solidarity” will start on the 1st of October 2019 and will finish on the 1st of August 2020.

It will last 10 months.

TRIP

The travel costs to and from the project venue are covered by the European Solidarity Corps up to a maximum of 275€. This maximum is used for the ticket to Spain and your return ticket in August. The procedure for the reimbursement would be the following:

- The volunteer will be in charge of searching and buying the tickets (plane, train, bus, etc) with the help of the sending or receiving organization if necessary.
- Once the volunteer has arrived in León, the original tickets will be verified and the reimbursement will be done (up to the established maximum).
- It will be indispensable that the tickets are original and that the prize appears on them. In the case of the plane tickets, if the prize does not appear on them, it is important to keep the e-mail from the company in which the prize and the name and surname of the passenger appear; if it is not possible the last resource should be asking the company for a receipt. For the reimbursement we need all the original Boarding Passes.

The tickets should be as economical as possible. We recommend you buying your return tickets, as it will be cheaper than buying them separately.

Taxis and other platforms such as Uber or Cabify are not covered by the project.

The trips that the volunteer may do in their vacation periods won't be covered by the European Solidarity Corps Program.

HOW TO ARRIVE

The volunteer can travel with a low cost company such as EASYJET, RYANAIR, VUELING... They fly to Madrid and then the volunteer can move by subway or train to “Madrid-Chamartín train station”. Then, the volunteer can travel by train to Leon. For



further information about times and prices you should have a look in the site: www.renfe.es. If the volunteer prefers the bus to arrive from Madrid to León, the volunteer can check the timetables in www.alsa.es. There are some buses from Madrid Barajas Airport to León. In addition, there is an airport in León, but there are not many flights and the price is not usually cheap.

Once in León, one of the members of the association will pick you up at your arriving place and take you to the apartment.

ACCOMODATION, FOOD ALLOWANCE AND POCKET MONEY

We will provide an apartment appropriated for the basic needs of the 3 people that will carry out their volunteering in the association. Additionally, we'll provide a weekly allowance (35 €) for food for each volunteer. Apart from covering the apartment and the allowance, the European Solidarity Corps Project provides a quantity as pocket money for the volunteers to use for their own expenses. This quantity for Spanish projects is 5 € per day.

INSURANCE

Each volunteer will be enrolled in the Cigna Insurance Plan of the European Solidarity Corps Program that will complement the coverage of the system of the social security. The Supporting organization, in collaboration with Auryn Association, will be responsible for registering the volunteers. This process must be done before the volunteer depart to Spain, so that he/she is covered for the integrate length of the Volunteering Project.