



EUROPE +

LEARNING EXPERIENCE IN SPAIN

From 2nd to 8th July 2021



WHAT IS EUROPE +? / QU'EST-CE QUE EUROPE +? CHE COS'È L'EUROPE +? / ¿QUÉ ES EUROPE +?

EUROPA + is the second training mobility of the Active Citizens + project. This project aims to promote European values, European citizenship and the opportunities offered by the European Union in the field of non-formal education for European youth.

6 organizations from Spain, Italy and France participate in this project.

Through this action it is expected to set in motion a training course about tools to promote the European values and European citizenship.

At present, non-European and nationalist movements are emerging in Europe, sometimes attacking European values and social cohesion. Therefore, with this learning activity we want to address the historical origins of the European Union, promoting European values, education for peace and cooperation, intercultural education and human rights education. We also want to address Intercultural Learning methods from formal and non-formal education as a tool for the identification of concepts and realities in Europe and for the development of solutions to problems related to xenophobia and racism.

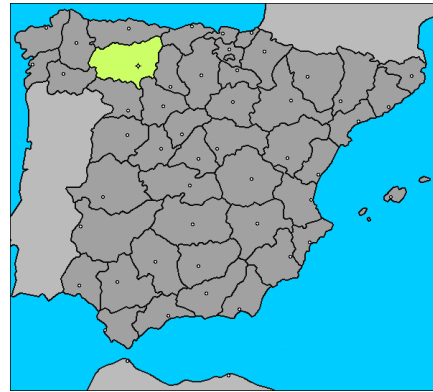
Europa + aims to interrelate organizations and young people from the participating countries and help them develop strategies of mutual understanding and respect for social and cultural differences in Europe. This will help to improve the quality of youth work in general and in a local and European context.

During this learning activity we will use RADIO (podcasting) as a tool for learning and disseminating European values and promoting European citizenship.

The training course will also be an opportunity for intercultural learning exchange between participants and organizations.

WHERE / OÙ / DOVE / DÓNDE?

This learning activity will take place in the town of Murias de Paredes, a beautiful place in the province of León in the north of Spain. A natural and cultural rural space, which will be ideal for the learning process that the people who participate in this learning action at European level will live, being at the same time an opportunity to show such unique and charming corners of the province of León as is the case of Murias de Paredes.



HÉBERGEMENT / ACCOMMODATION ALLOGGIO / ALOJAMIENTO

We will stay here: <https://www.booking.com/hotel/es/rural-el-urogallo.es.html>



PARTICIPANTES/ PARTICIPANTS PARTECIPANTI / PARTICIPANTS

The profile of the participants is: young people who can participate in youth organizations in the development of activities for young people who can learn about resources and tools for the promotion of European citizenship and European values based on the origins of the European Union. We intend to create "European Ghosts" that can contribute, in a positive way, to the debate and reflection among young people about the European Union. Participants between 18 and 25 years old although there is no age limit.

TRAVEL / VIAJE / VIAGGIO / VOYAGE

The travel costs for this learning activity from your city to León will be reimbursed. The maximum price that we can reimburse (roundtrip) per person according with the Erasmus + Program is:

- France € 275
- Italy € 275
- Spain: € 275

Try to buy the cheaper tickets!!!

Arrival: 2nd July

Departure: 8th July

IMPORTANT: for the reimbursement we need all the original travel tickets: plane, train, boarding pass, bus... except taxi, because the National Agency doesn't reimburse it. We would need the email or the bill with the price.

During this whole period, all costs related to food & accommodation, activities and local transport will be covered 100% by the organisation.

HOW TO ARRIVE / COME ARRIVARE / COMMENT ARRIVER / COMO LLEGAR

You can try travel with a low cost company such us EASYJET, RYANAIR, IBERIA EXPRESS, VUELING... which fly to Madrid. Then, you can take the bus in the Madrid Airport to León. For further information about times and prices have a look in the site: www.alsa.com

Also you can move by train or subway to “Madrid Chamartín train station” (Subway: 30 minutes aprox. / Train: 20 minutes aprox.). Then, you can travel by train to Leon. For further information about times and prices you can have a look in the site: www.renfe.com . We recommend you to ask for the train ALVIA from Madrid to Leon which is cheap and fast. Finally, there is a small airport in Leon with some weekly flights to/from Barcelona.

Anyway, we will be ready to pick up you at the bus or train station when you arrive to León.

TEST COVID - ASSURANCE / TEST COVID - ASSICURAZIONE / TEST COVID - INSURANCE / TEST COVID - SEGURO

Given the situation of the Covid19 pandemic, your country may ask you for a test to enter and leave the country. These tests may have an economic cost for you, so it will be important that you look for a trip to Spain as cheap as possible to try to cover the costs of the test with the budget of the trip.

The project will make a special travel insurance that will cover possible Covid 19 impact for all participants during your stay in Spain. In order to manage the insurance we need **before 17th July** the official list of participants so that the insurance can cover the incidents of the trip and your stay in Spain.

Also it is necessary and important that you have and bring the **European Health Insurance Card**.

WEATHER FORECAST AND THINGS TO BRING / PRÉVISION MÉTÉOROLOGIQUE ET CHOSES À APPORTER / PREVISIONI METEO E COSE DA PORTARE / PREVISIÓN METEOROLÓGICA Y COSAS A TRAER

The usual weather in July in Leon is hot, but we will be in a mountains area so it won't be strange a little cold or rainy day. Also the weather can cool down in the evenings.

These are some things that you should bring:

Personal things:

- Clothes: Whatever you need for the entire learning activity.
- A towel and all the necessary for personal hygiene.
- Any medicines you might need (we will have basic first aid kit).
- Masks

For the learning activity:

- Maps, cards of your country, town, regions (you can take them back home after)
- Your countries' flags.
- Laptop: in case you and are skilled in digital publishing to podcasting
- Some snacks, drinks or food from your country or region for the activity in the project in which you will be able to share them with the others participants. You will be able to cook.

COVID RULES / REGOLE COVID NORMAS COVID / RÈGLES COVID

One week before to arrive in Spain, the participants will receive an email with the updated regulations on Covid19 in Spain and in the province of León (use of a mask, capacity, ...)