



## SUMMARY OF THE PROJECT

The “MFR du Paysage” in Cerisy-Belle-Étoile is a work-linked training center preparing future groundskeepers and landscapers and receiving students (95% boys) between 14 and 18 years old, and even adults in some specific courses.

It is located in the green hills of “Swiss Normandy”, 8 km far from Flers, the nearest urban center (15.000 peoples), 10 km far from Condé-sur-Noireau, and 1 hour far from Caen, the regional capital and the D-Day beaches.

A team composed with 10 trainers, 2 secretaries, 2 assistants, 1 householder, 2 catering employees, and 1 maintenance man, and led by a director, runs the school and all the activities.

Each week here is different from the others, due to the fact that there are not always the same groups at the same time, and that there are many activities and projects all over the year.

The daily work is composed with a pedagogical part and a residential part.

On pedagogical side, it's mainly about teaching and organising learning activities for students.

On residential side, it's about giving quality times and spaces to relax and enjoy daily life when out of the classroom, considering than most of the students spend their whole week in the MFR from monday morning to friday afternoon, having meals and sleeping here too.

### HOST ORGANIZATION

#### Maison Familiale Rurale

#### du Paysage

6, route de Flers

61100 Cerisy-Belle-Etoile

Normandy, France

Arrival: November 7th 2023

Departure: June 13th 2024

Number of participant: 1

DEADLINE TO APPLY:

**October 15th 2023**

Interview: October 18th 2023





## VOLUNTEER MISSIONS

- You will take part in the daily residential life during break times and evenings : watching out students, running the "Foyer" (cafeteria), organizing entertainment, and leading your own cultural, artistic or sports project (with previous team validation).
- You'll be a valuable helper in all kinds of outings, visitings, being educational and pedagogical support for the whole team.
- Depending on your skills and willing, you could even take part in some classes, as a support or as an exponent, it's up to you!

## PREVISIONAL TIMETABLE

	M	Tue	W	Thr	F	Sat	Sun
a. m.	off	10:00 12:30	10:00 12:30	10:00 12:30	10:00 12:30	off	off
p. m.	13:30 19:00	13:30 19:00	13:30 21:00	13:30 19:00	off	off	off



## ACCOMODATION

### HOSTING

You'll be hosted in Flers, in the "Foyer des Jeunes Travailleurs". In this urban center, you will be able to enjoy many equipments and various activities. There you'll meet other volunteers working in other nearby institutions.

### FOOD AND POCKET MONEY

In the beginning of each month, you will receive money for groceries, pocket money and local transport for your personal use. (366 € per month, including pocket money and meals rate).

If you need to open a French bank account, you will be accompanied to a local bank in order to receive your money each month. Otherwise you can keep your current account and card or get one online.

The MFR will not provide you with a phone. Bring your own device. If you need a French Cell Phone SIM card during your voluntary service, we will help you to get one.

### LOCAL TRANSPORT

The MFR will lend you a car every week-end to be able to move around Flers.

A city bus pass will be provided to let you move to and around Flers, as well as a train pass for bigger travels from the train station in Flers. (railway line Paris – Granville).

### TRAINING DURING THE PROJECT

During the stay, the volunteer will have French courses provided by the MJC in Flers (House of Youth and Culture).

As the volunteer will bring support in a landscaping training-center, he/she also will be able to get an initiation to this profession, entering classes and practices, and discovering all aspects of his/her interest.

Additionally, the volunteer will attend a seminar about European Solidarity Corps.

## REIMBURSEMENT FOR THE TRAVEL

Your travel costs will be refunded.

The most important facts about reimbursement :

- always ask before buying tickets
- keep original transportation receipts (boarding passes, train tickets, bus tickets...)
- according to the trip to join Flers, make sure to keep all the tickets and bills (obligatory for the reimbursement).



## VOLUNTEER PROFILE

You're dynamic, curious, creative and still serious enough to lead activities toward young peoples (mostly males between 14 and 18 years old)?

You want to be part of a dynamic team, and bring your ideas and projects?

You feel comfortable assuming out-of class educational responsibilities?

You're interested in sharing and discovering experiences and cultures?

You own your driving licence, and you are a careful driver?

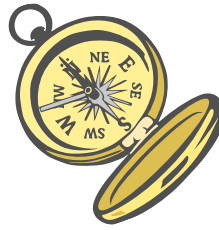
You have cultural, artistic, or sports skills that you'd like to share?

## FAQ

- Is there a dishwasher? No.
- Does the flat have Wi-Fi? Yes.
- What kind of utensils can be found in the kitchen? Everything will be provided (A stove, an oven, a toaster, a coffee machine, pans, plates, cutlery, diverse cooking utensils).
- Can you drink the tap water? Yes.
- Do I need to bring towels or covers for the bed? It will be provided but if you prefer to use your own feel free to bring it.
- Is there a grocery store nearby? Yes.
- Do I get a french mobile phone? No, but we can help you to make a contract with a mobile service. Info: French telephone prefix: (+)33
- How do I get my money? You will receive your money each month on your bank account.
- Do I have to drive the minibuss of the organisation? If you feel comfortable with this, and if you're a careful driver, yes, it would be a "plus".







## GOING OUT AROUND CERISY-BELLE-ETOILE

Normandy is a region full of interesting places to see.

The most remarkable are the Mont Saint Michel, Rouen, the tapestry of Bayeux and the D-Day beaches. Normandy is known for its ever-green-grass, which means it's quite a rainy part. So you'd rather always have a raincoat or an umbrella with you!

In summer, the temperatures will reach between 20° to 25° C. In winter, it rarely drops below -5°C but due to air humidity you may feel it colder.

French peoples might not have the same working hours as you are used to.

For example, banks open later or not at all on Mondays. However, they also close later.



In France it is common to buy food at the market. Flers has its own market on Wednesday morning.

French peoples use to "faire la bise" which means you typically kiss each other on the cheek to say hello and goodbye. However, different rules apply for different genders, age groups, and (work) relationships. Always take your time to observe local habits, and don't be surprised someone greets you this way. However, if you don't feel comfortable with it, just offer your handshake with your nicest smile and it will be ok.



France is known for all its gastronomy, so go and taste everything. Moreover, as a multicultural city, Flers will offer you many types of foods and drinks. Don't be afraid of accepting any invitation to discover and have good time.

This is your opportunity to try something new and to get involved. Although Flers seems small, even here there are a lot of opportunities to move and enjoy. Join a local sports club, try taking up music classes (maybe even in the MJC) or do something by yourself (reading, painting, jogging, yoga, ...). In addition, try to stay in touch with other volunteers and people that you'll meet here in France so you can visit each other or go on travelling together!

