

BEWARE THE JABBERWOCK

30TH OCTOBER – 5TH DECEMBER 2021
TERRASSA



**EUROPEAN
SOLIDARITY
CORPS**

"Beware, the Jabberwock" is a group volunteering project based on a Lewis Carroll quote. Here, the Jabberwock represents the monster of our worst fears. For 5 weeks, we will deal with our own "jabberwock" to empower ourselves and produce social impact through storytelling and NFE.

OBJECTIVES OF THE PROJECT

Acquiring knowledge on storytelling techniques to apply them into social and intergenerational projects.

Discovering and preserving intergenerational memory through NFE for collective and individual history.

Fostering self-confidence and interest in self-development & empowerment of youth.

Developing a sense of European citizenship and identity encouraging intercultural living.

Promoting the use of expressive arts and collective creative processes in social projects. Developing new artistic techniques that ensure better future opportunities for youth.

Engaging and empoweing in active participation in society, acquiring useful experience and competences for the personal, educational, social, civic and professional development of participants, thereby improving their employability.

Increasing the quality of work and potential impact of the activities conducted by participants in the future,by developing appropriate knowledge, skills and attitudes (teamwork, communication, leadership, problem-solving, flexibility and responsiveness)

Adressing the COVID19's impact and recovery by improving people's experience of care, building stronger relationships between services and communities.

PARTICIPANTS PROFILE

The presented TEAM VOLUNTEERING is aimed at starting Youth workers and young people with fewer opportunities, one of each per country.

For the first one, the ideal candidates would be a beginner youth educator / youth worker / volunteer who is in daily contact with Youth, social or creative projects and has a possibility to transfer knowledge, skills & attitudes acquired back to their community. On the other hand, this project aims to be very inclusive so we would like to welcome other participants with fewer opportunities or a totally different background, to discover Erasmus+ & ESC mobilities for the first time.

- Motivated volunteers 18–30 years old
- Interest in expressive arts and creative processes
- Availability for the whole duration of the project
- Ready to exchange their knowledge and propose energizers or even small workshops related to personal interests or artistic techniques.

NUMBER OF PARTICIPANTS

FRANCE	2
GREECE	2
ITALY	2
POLAND	2
LITHUANIA	2

Any applicant interested in this project will have to fill out this form so that we can keep a general group balance (age, gender, fewer opportunities,...). Also, it will provide us with some extra information for the project (allergies, special needs, etc.).

LINK FORM



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PROGRAM

weeks



1

Introduction

Get-to-know, team building, inclusion time & local exploration. Discovering the topic of storytelling.

Discovering

Visiting elderly people centers and collecting stories of life. Workshops and experimentation on expressive arts.

2



3

Crystallization

Delving into storytelling representation processes and creation of the final show.

Exhibition

Representing the final show in different social centers with elderly people and children.

4



5

Evaluation and publishing

Final evaluation of the volunteering experience and editing all the stories collected in one book.



THE PROJECT

WHAT IS BEWARE THE JABBERWOCK?

🔍 Beware the Jabberwock is...



- ♥ International volunteering & social transformation
- ♥ Storytelling & expressive arts
- ♥ Intergenerational dialogue, active listening, connections, caring & sensitivity
- ♥ Creativity
- ♥ Teamwork
- ♥ Personal development & self-awareness
- ♥ Meeting people from different cultures, discover and learn through cultural exchange.
- ♥ Non formal education and learning-by-doing
- ♥ Active citizenship
- ♥ An amazing experience!

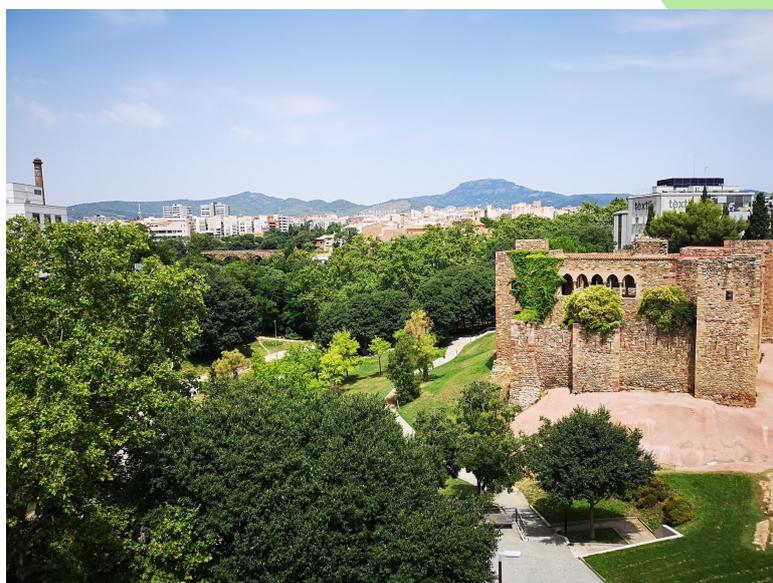


PRACTICAL INFORMATION

ABOUT TERRASSA

Terrassa is located in the province of Barcelona, and is the co-capital of Vallès Occidental. With a population of 223.627 (2020), Terrassa is the third biggest city in Catalonia, after Barcelona and L'Hospitalet.

Terrassa has been inhabited since prehistory. During Roman times was known as Egara and there's also important remains also from the Middle Ages. Terrassa was one of the leading Spanish cities of the industrial revolution, which shaped the city. There are a lot of modernist buildings from that time in Terrassa, and some factories can be found in the middle of residential neighbourhoods, and even if this is not the most touristic city of Catalonia there are some interesting spots you have to see!



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PRACTICAL INFORMATION

Arrival day: 30/10/2021 (Feel free to arrive anytime during the day)

Departure day: 05/12/2021 (Feel free to leave anytime during the day)

How to get to the venue?

FROM BARCELONA EL PRAT AIRPORT TO TERRASSA

OPTION 1 - The fast one (1h30min)

Go to Terminal 2 train station, pick a ticket to Terrassa in the machine.

The first train will leave you in Barcelona Sants Station (Main train Station of the city), there you have to change the train to Terrassa (line R4 to Terrassa/Manresa). Stop: **Terrassa** (**NO Terrassa Est!**)

OPTION 2 - If you have some extra time to spend in Barcelona

Aerobus A1 & A2 are the bus lines connecting the terminals with Barcelona city centre. Station: Plaça Catalunya.

There are two train companies that go to Terrassa from Barcelona, both are fine and leave you at the same final location:

- **Renfe Rodalies** - (line R4 to Terrassa/Manresa) Stop: **Terrassa** (**NO Terrassa Est!**)
- **FGC** - (line S1 to Terrassa) Stop: **Terrassa Estació del Nord**

Once you know your exact arrival time to Terrassa, please let us know.

Please be carefull with the pickpockets in turistic areas!



PRACTICAL INFORMATION

WHAT SHOULD YOU BRING WITH YOU?



Eagerness to learn, positive mood, loads of energy!



Refillable bottle of water.



Practical clothes for autumn and rainy weather. Comfortable shoes.



Personal hygiene things, medicine you usually take, other things you need for personal comfort and well-being.



A mug to share.



We will have some intercultural dinners so please bring anything you would like to share with the others: food, drinks, dances, songs, games, etc.



ACCOMODATION

The venue "Alberg de Juventud de Terrassa" is situated in the city center, in a quiet area. The hostel is surrounded by the biggest local park "Vallparadís": ideal for walks, sports, picnics or a coffee on a terrace. Also, you will be living next to the "Seu d'Ègara", a group of churches from the XII century and also some ruins that takes us back to the VI century. The local youth hostel is brand new and we will be the first group to be hosted!

There are two common spaces with tables, chairs and sofas. Supermarkets, bars, cafes, restaurants, pharmacies, etc. are very close by and reachable by foot.

Rooms will be shared in two, mixing nationalities and according to your needs. Bathroom facilities will be common and divided by social constructed gender (female and male). There are also specific facilities for people with reduced mobility.

Participants will have access to microwaves in the dining area. All meals will be served in the venue restaurant already prepared.

Address: Carrer Alcalde Parellada 2

- Maps 41.56794966226972,
2.0185316552231165



TRAVEL

The travel costs are reimbursed up to:

FRANCE	180€	LITHUANIA	360€
GREECE	275€	POLAND	275€
ITALY	275€		

The reimbursement is conditioned to the active participation and completion of the tasks.

We highly recommend traveling by land, using bus/train if possible. or sharing a car. This recommendation has 2 aspects: Ecological and Health protection.

If possible, travel together with the other participant from your country (come in the same plane, bus, train which will make our and your organisation much easier).

Please keep all your travel tickets, otherwise we wont be able to reimburse you.

Please consult with us about your travel plan in advance and **do not purchase the tickets without previous confirmation from our side.**

NOTE: Please arrange your travel plan in advance and book public transportation, economy class. Taxi costs or other transport methods different from public transportation are **not eligible costs**. Car sharing can be consulted.

COVID-19 MEASURES

We strongly recommend that participants are fully vaccinated, as the vaccination certificate exempts travelers from COVID-19 testing before coming to Spain. Otherwise, participants will need a negative PCR test from maximum 72h before arrival. or antigen maximum 48h before arrival. (This might change, please check <https://reopen.europa.eu/en/>)

The fee of COVID-19 testing can be reimbursed (up to your maximum travel budget including your travel tickets). Please ask for an invoice of it.

There are also health measures to be respected throughout the whole period of the project that can vary anytime according to the authorities. Because those are fast changes, we will give you detailed information 2 weeks prior to the arrival. Please count with wearing masks in transport and closed public spaces, keeping social distance and regular temperature checks. There could be also a night curfew in the city.

INSURANCE

Participants will be covered by CIGNA insurance. European Health Card is strongly recommended.

PROJECT VALUES

Please note that participation in this project implies:

- Showing openness and respect towards other participants and all other individuals involved in the program.
- Respecting the Code of Conduct that requires participants, facilitators and staff to respect each other's dignity, values, religion and culture, irrespective of race, gender, national or ethnic origin, sexual orientation, age or disability.





THE HOSTING ORGANIZATION

Carrer del Racó, 13, Terrassa

08222 Barcelona

www.vibria.org



[vibria.intercultural](https://www.instagram.com/vibria.intercultural)

CONTACT

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SENDING ORGANISATIONS



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