

# MODERN ODYSSEY YEAR 3

21/05-09/07/2026

SOUTH GREECE



# AN EPIC 50-DAY JOURNEY THROUGH GREECE

Embark on a 7-week journey through six eco and urban communities in South Greece. Together with a team of 15 volunteers and 2 coordinators, we'll travel in vans, embracing the backpacking spirit and building a shared, dynamic community along the way.

In each community, we'll dive into the principles of sustainable living, actively contribute to local projects, and foster solidarity with diverse groups. It's more than just an adventure this is an opportunity to grow, connect, and challenge ourselves on a personal level.

Odyssey only got to go home after 10 years of travelling - we squeezed this in 50 days. How will you return home?

**HOP ON THE VAN, LET'S GO**

# THE JOURNEY

Join our transformative 7-week adventure across six carefully selected eco and urban communities in South Greece.

Our diverse team of 17 people will travel together in vans, embracing the backpacking spirit while forming a hop community. Like a modern version of Odysseus's journey - we've condensed his 10-year adventure into 50 unforgettable days.



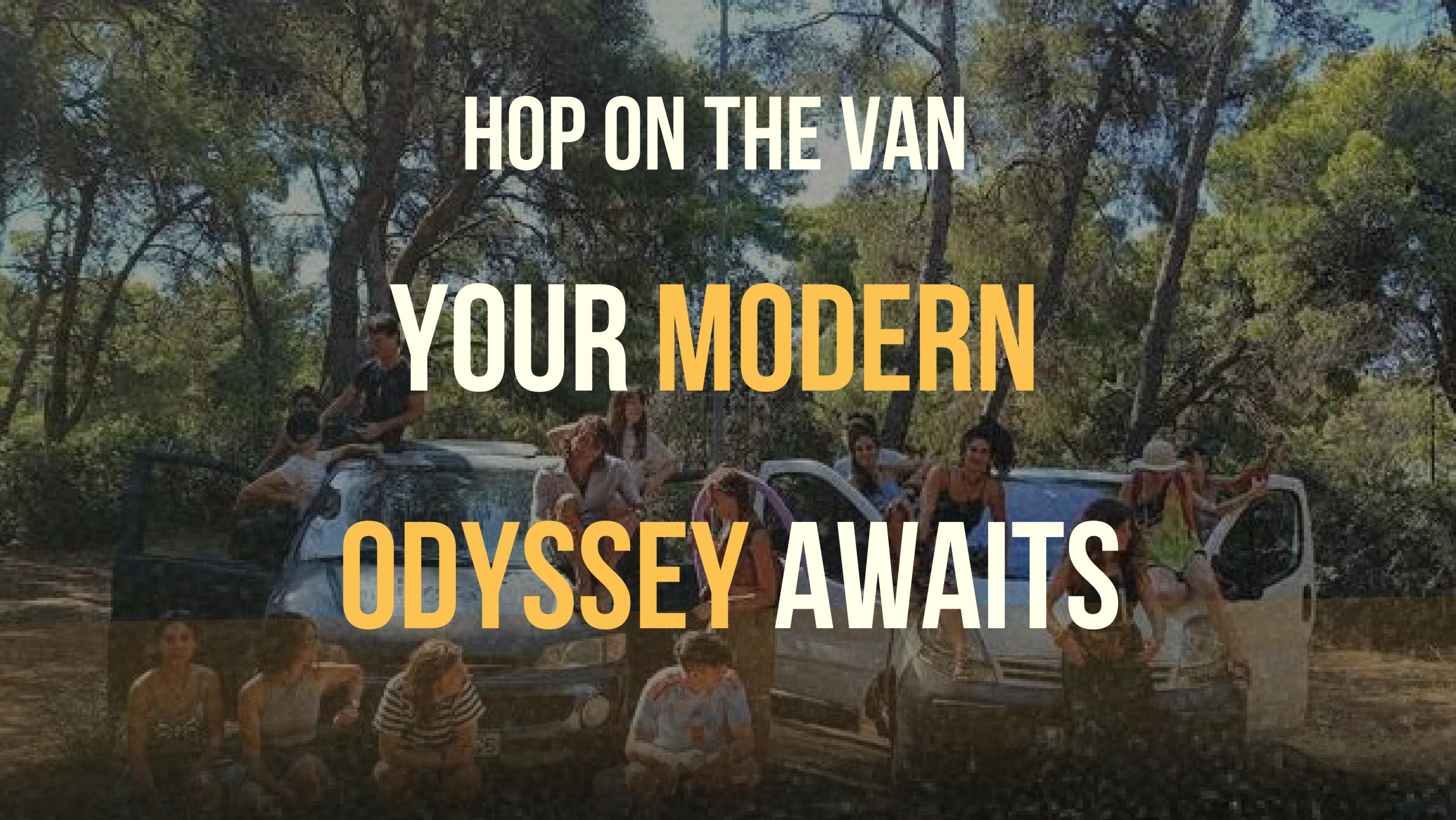


## WHAT WE'LL DO

- Immerse in sustainable living practices
- Contribute to meaningful local projects
- Build solidarity with different community groups
- Focus on personal growth and development

## OUR IMPACT

In each community, we'll learn, contribute, and create lasting connections. Just as Odysseus returned home transformed, how will this journey change you?



**HOP ON THE VAN**

**YOUR MODERN**

**ODYSSEY AWAITS**



# WHAT IS MODERN ODYSSEY

Modern Odyssey is a 3-year-long volunteering project funded by the EACEA.

It is a complex programme that uses green practices and community as a method to gain understanding about vulnerable groups and societal challenges. For this reason, we put a focus/theme/direction for each year:

Year 1: Migrants and refugees

Year 2: Addiction

Year 3: Mental and physical health

Modern Odyssey operates during specific, designated periods each year. These focuses serve as an intention, a sort of lens, that will support reflection and choice of certain communities. We also use travelling as part of our method, as the main way of learning about the world, and about oneself, too.

# THE BIG PICTURE

Modern Odyssey is an innovative 3-year volunteering project funded by EACEA, operating during specific periods each year. Each year focuses on a different societal challenge:

## UNIQUE METHOD

Travel isn't just movement – it's our primary tool for learning about:

- The world around us
- Different communities
- Ourselves

## ANNUAL THEMES

Year 1: Migration and Refugees

Year 2: Addiction

Year 3: Mental and Physical Health (**Current Focus**)

## OUR APPROACH

We combine three powerful elements:

- Green practices
- Community engagement
- Experiential travel

## IMPORTANT NOTE

While Modern Odyssey is a 3-year program, each year's journey happens during a specific, concentrated period. Our annual themes serve as a lens through which we choose communities and shape our experiences.



## ASPECTS EXPLANATION

- 50% of our project is focused on creating our own Community-Hop experience. We'll live, cook, sleep, travel, and work together to build our own home. It's an opportunity for us to live, learn, and grow as individuals and as a community.
- 25% of our project is all about getting our hands dirty with practical, hands-on work, prioritizing eco-friendly practices. From building to planting and fixing, we'll dive into tasks that make a real impact, shaping our environment while learning valuable skills along the way.
- 25% of our project is dedicated to creating content for social media, including pictures, promotional videos, podcasts, and small documentaries. We'll collaborate and learn from each other to enhance our creative skills and share our journey with the world.

# THE THREE PILLARS

A photograph showing two individuals in a natural, outdoor setting. The person on the left is wearing a dark, sleeveless top and shorts, and is kneeling on the ground, using a yellow-handled tool to work the soil around a newly planted sapling. The person on the right is wearing a red long-sleeved shirt and shorts, and is also kneeling, observing the process. The ground is a mix of dark soil and dry, brownish vegetation. The background shows a line of trees and a clear sky. The text "THE THREE PILLARS" is overlaid in large, bold, white capital letters across the center of the image.

# 50%

## COMMUNITY LIVING

- Creating our unique Community-Hop experience
- Living, cooking, and traveling together
- Building our temporary homes in each location
- Growing individually and collectively
- Supporting each other's journey



# 25%

## HANDS-ON IMPACT

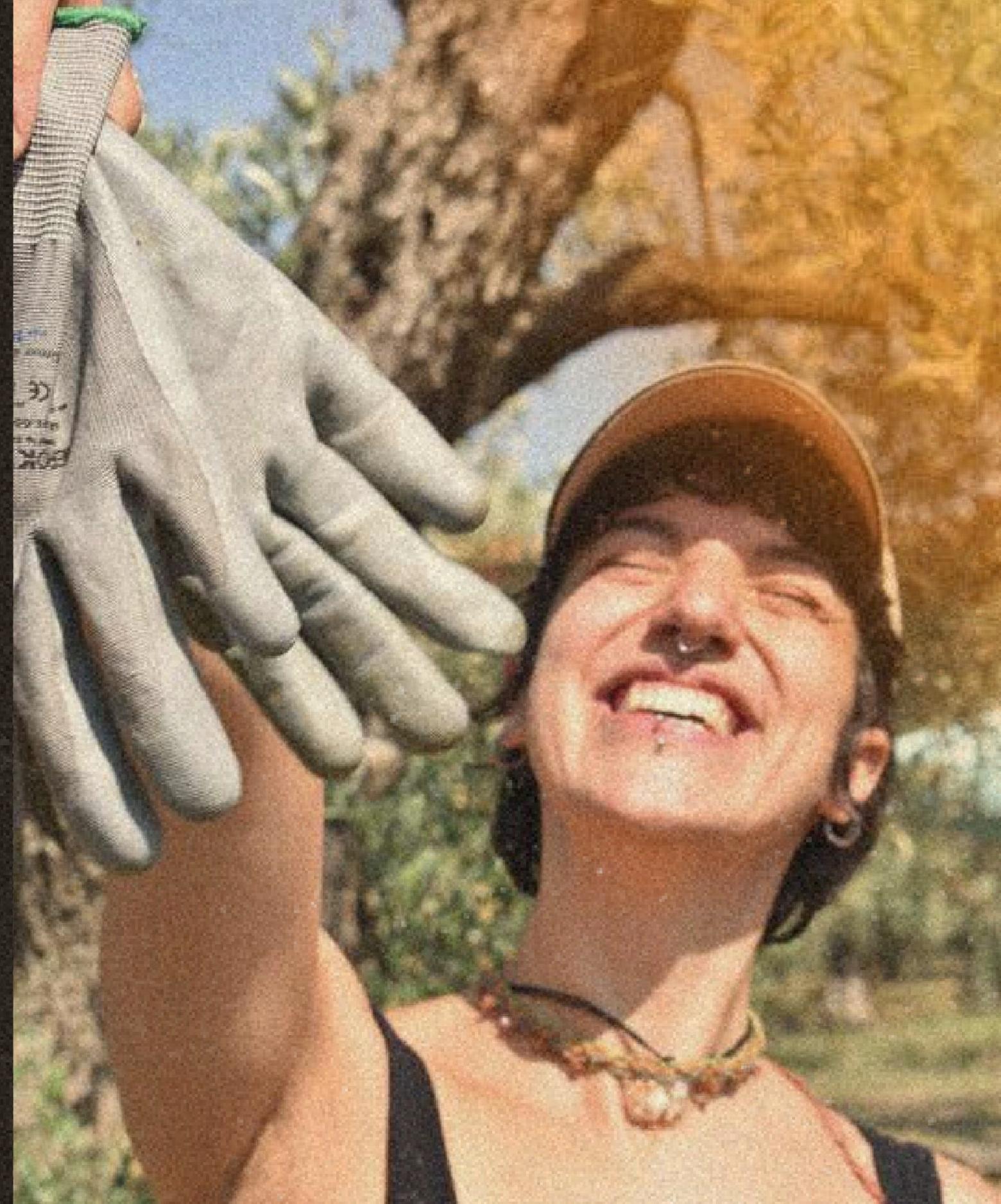
Engaging in practical eco-friendly projects

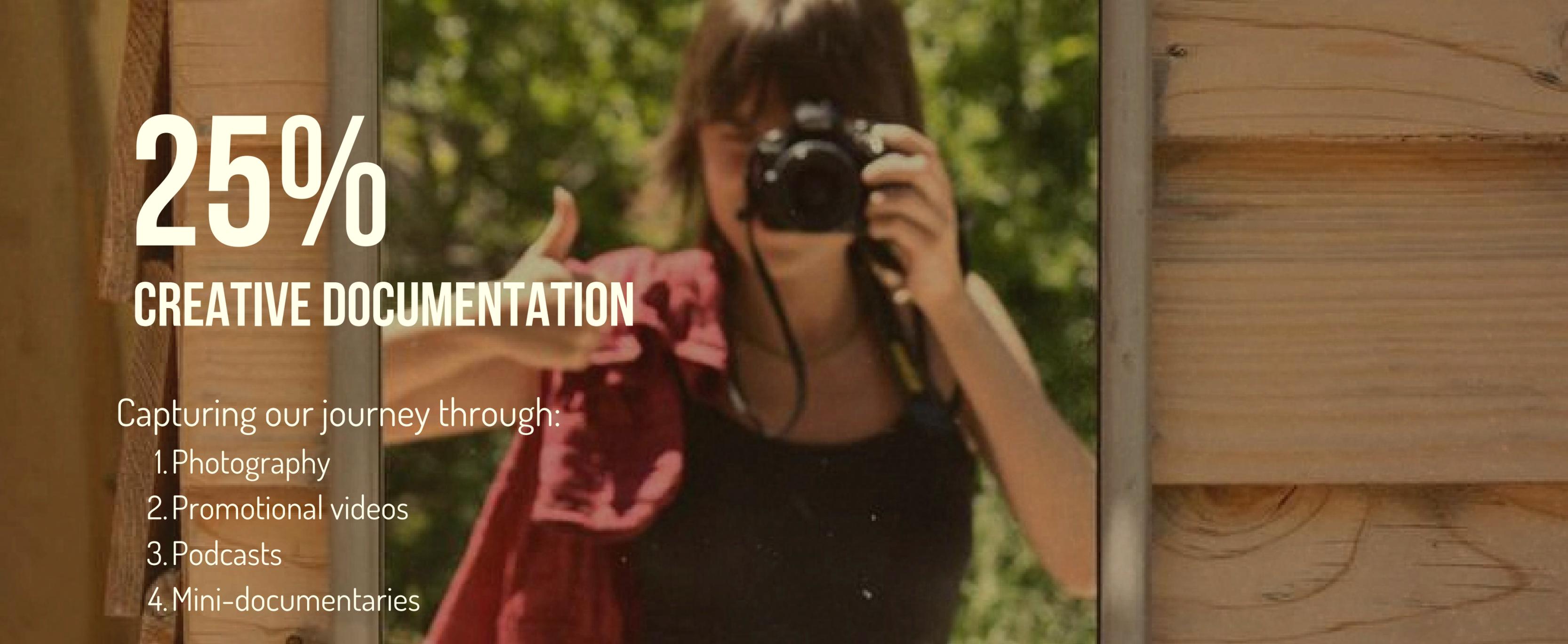
Contributing through:

1. Construction and building
2. Gardening and planting
3. Maintenance and repairs

Learning sustainable skills

Making tangible community impact





# 25%

## CREATIVE DOCUMENTATION

Capturing our journey through:

1. Photography
2. Promotional videos
3. Podcasts
4. Mini-documentaries

Developing media skills

Sharing our story with the world

Building a lasting digital legacy

**Note:** These three aspects work together to create a holistic experience, combining community living, practical action, and creative expression.

# MODERN ODYSSEY: JOURNEY OVERVIEW



**WEEK 1**

**WEEK 2**

**WEEK 7**

**WEEK 8**

## **WEEK 1: PRE-DEPARTURE IN ATHENS**

- Arrival & team building
- Project preparation
- Community guidelines
- Logistics planning
- First community introduction



WEEK 1

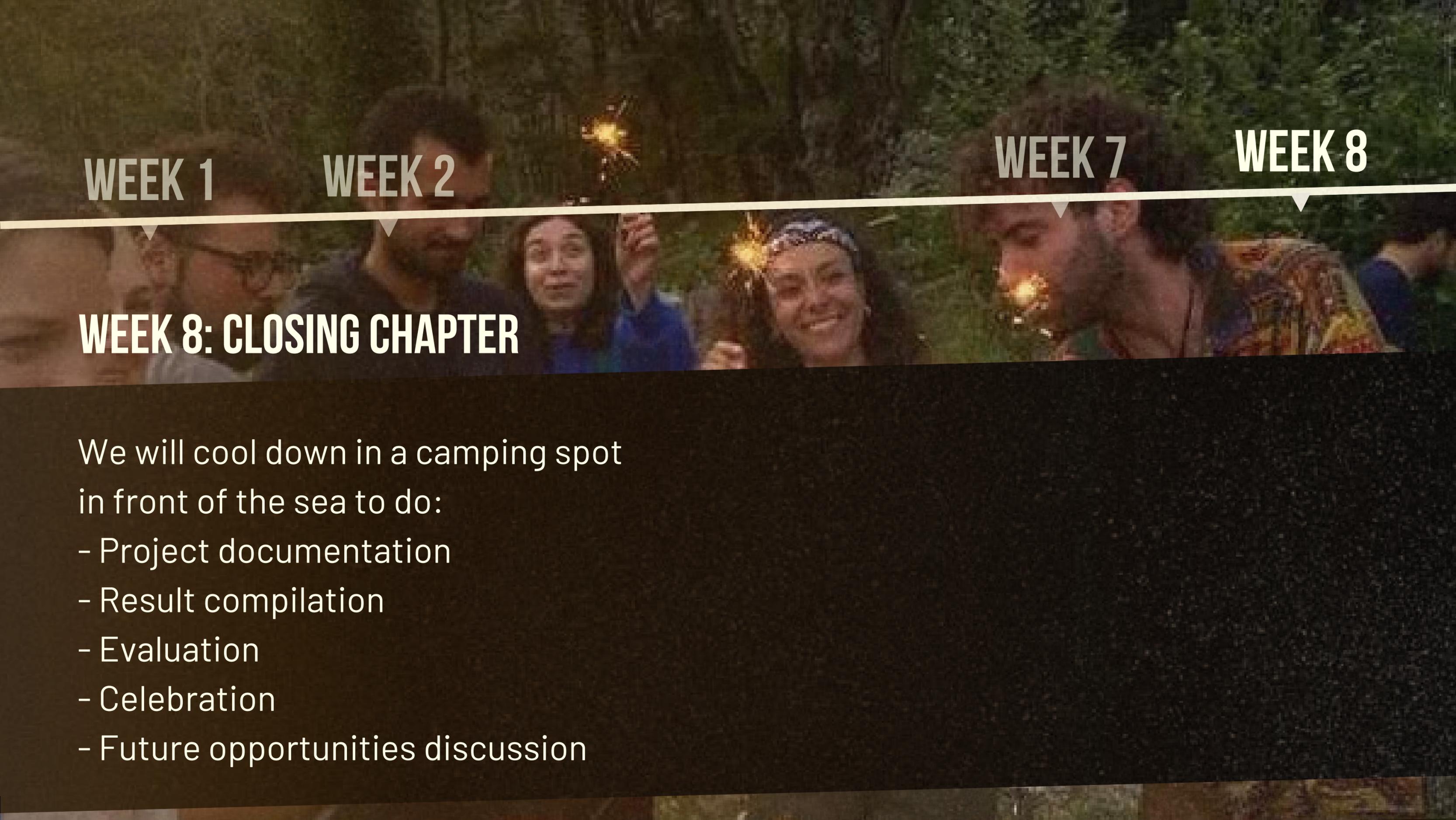
WEEK 2

WEEK 7

WEEK 8

## WEEKS 2-7: COMMUNITY HOPPING

1. Poretsou Monastery : is a monument that hosts and boost ecotourism, agrotourism and pilgrimage tourism in the area
2. Liveloula : is Holistic Natural Living with a focus on Non Violence, Ecology and Self Sustainability
3. Yamochori An eco-project founded in 2020 by young innovators, serves as a hub for exchanges, training, and volunteer programs. Post-COVID, they sought a sustainable, purpose-driven alternative to city life. Their focus includes natural building, farming, recycling, and minimizing ecological impact.
4. Hopeland An educational eco-community built with love and natural materials. It offers a space for learning, creativity, and connection, guided by sustainability, accountability, synergy, and hope.
5. Argos Urban Experience: supporting local organisations in relation with the focus of the year
6. Wheeling2Help : is an NGO that, through social actions and solidarity trips, which also strives to make an eco-space

A group of people are shown at night, holding and lighting sparklers. A white horizontal line with downward-pointing triangles serves as a timeline, with labels for WEEK 1, WEEK 2, WEEK 7, and WEEK 8. The background is dark with green foliage.

**WEEK 1**

**WEEK 2**

**WEEK 7**

**WEEK 8**

## **WEEK 8: CLOSING CHAPTER**

We will cool down in a camping spot in front of the sea to do:

- Project documentation
- Result compilation
- Evaluation
- Celebration
- Future opportunities discussion

A woman with curly hair, wearing a grey baseball cap and a blue tank top, is shown in profile, smiling and working with wood. She is wearing red gloves and using a hand plane on a piece of wood. The background is a blurred outdoor setting with green foliage and a wooden fence.

**TIMELINE**

**ARRIVAL: 21 MAY**

**PROGRAM STARTS: 22 MAY**

**PROGRAM ENDS: 8 JULY**

**DEPARTURE: 9 JULY**

A WEEK IN MODERN ODYSSEY

OUR WEEKLY

RHYTHM



## **MONDAY: TRAVEL & TRANSITION**

- Pack up and hit the road
- Arrive at new community
- Set up our temporary home
- Welcome introduction from host community
- Get oriented to our new surroundings

## **TUESDAY TO FRIDAY: IMPACT DAYS**

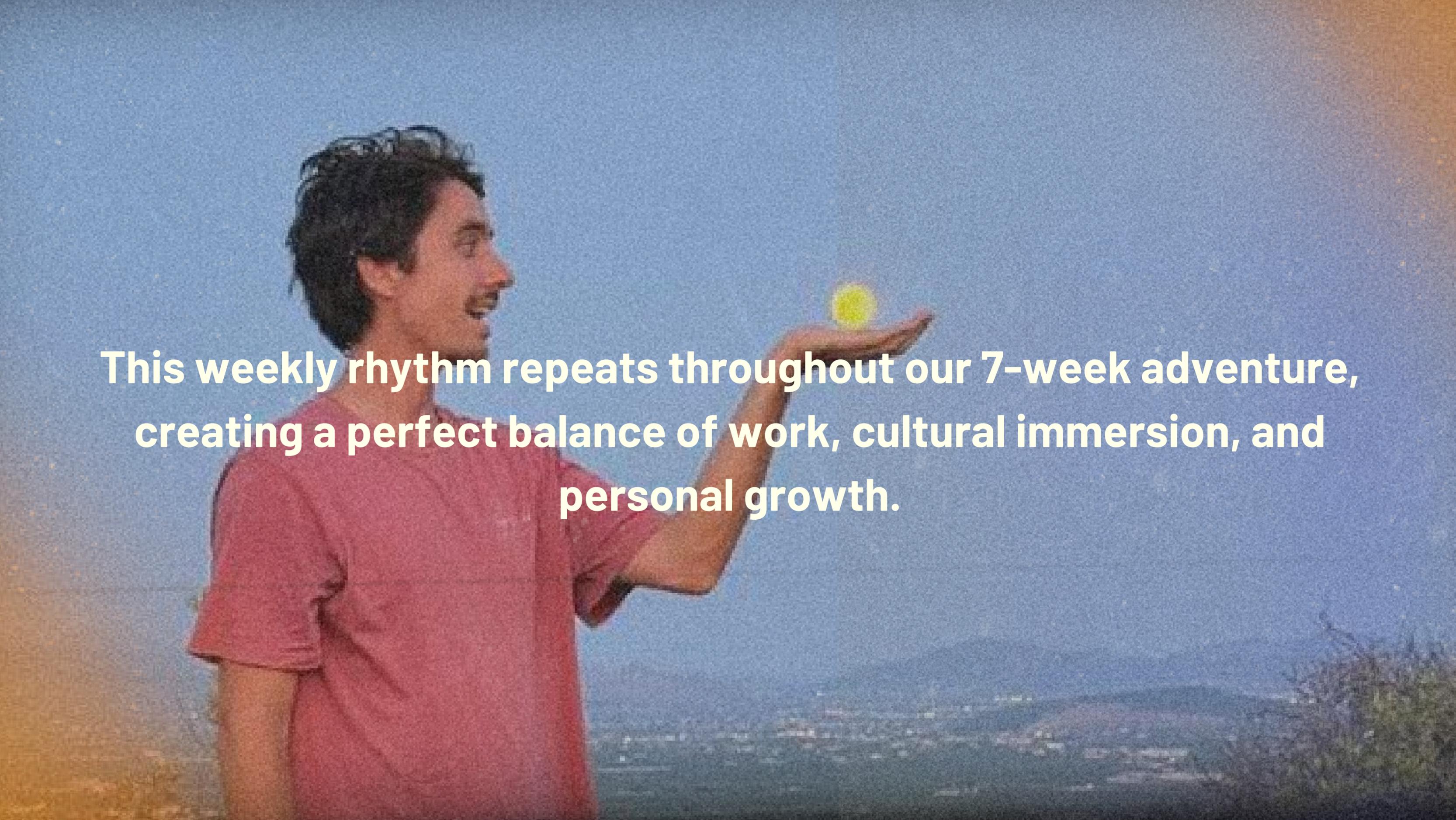
- Engage in practical community projects
- Contribute to local initiatives
- Learn new skills
- Document our experiences
- Friday evening: Group reflection and sharing circle

## SATURDAY: CULTURE & CONNECTION

- Embrace local culture
- Participate in community events
- Join local festivals when available
- Organize activities with nearby villages
- Create meaningful connections

## SUNDAY: REST & RESET

- Free day for personal time
- Relax and recharge
- Reflect on experiences
- Prepare for the next journey
- Light preparation for Monday's transition

A man with dark hair and a mustache, wearing a red t-shirt, is shown in profile from the waist up. He is smiling and looking towards the right. His right hand is held palm-up, and a small, glowing yellow-green orb is resting on it. The background is a soft, hazy sunset or sunrise over a cityscape, with a gradient from blue to orange. The text is overlaid in the center of the image.

**This weekly rhythm repeats throughout our 7-week adventure, creating a perfect balance of work, cultural immersion, and personal growth.**

# LOGISTICS



## **01 : POCKET MONEY**

Receive 6€/day to cover your daily living expenses.

## **03 : REIMBURSEMENT**

Travel costs are reimbursed based on the distance between your home and Athens.

## **05 : YOUTH PASS**

Receive a YouthPass certificate to reflect on and assess your learning journey.

## **02 : FOOD**

Meals will be available at each location and you'll be involved in the cooking.

## **04 : INSURANCE**

In addition to the European Health Insurance Card, private insurance will also be provided.

A woman with brown hair and bangs, wearing a light blue button-down shirt, is shown in a forest setting. She is holding a clipboard and a yellow pen, looking upwards and to the right with a thoughtful expression. The background consists of dense green trees under a clear sky. The text 'PARTICIPANTS PROFILE' is overlaid in white, bold, sans-serif font across the center of the image.

# PARTICIPANTS PROFILE



## BASIC REQUIREMENTS

- Age: 18-30 (as of May 8th, 2025)
- Legal residency in Erasmus+ programme countries
- No visa requirements for Greece



## ESSENTIAL QUALITIES FOR ALL PARTICIPANTS

- Adaptable to basic rural living conditions for 7 weeks
- Open-minded and community-oriented
- Ready to embrace challenges
- Willing to contribute to daily tasks:  
Farming, Building, Cooking, Cleaning, Community maintenance

## **SOCIAL & CULTURAL ASPECTS**

- Eager to work with diverse cultures
- Committed to building a nurturing community
- Ready to practice active listening and communication
- Willing to share and learn from others

## **SPECIAL CONSIDERATION**

Priority will be given to individuals who:  
have faced mental or physical health challenges or  
acted as carers for those who have



## MEDIA TEAM POSITIONS (2-3 SPOTS)

We're seeking a few dedicated **volunteers** to lead our media documentation:

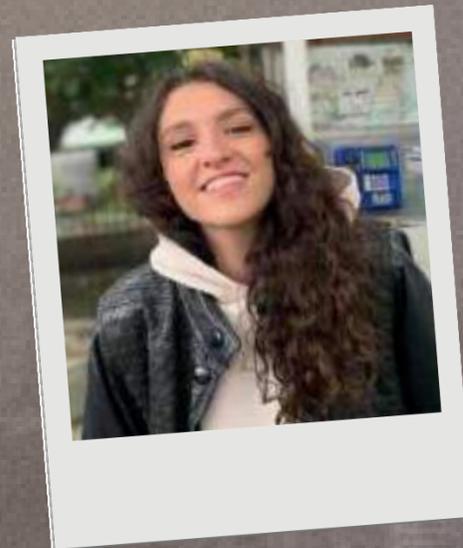
- Photography and videography
- Video editing
- Podcast creation
- Social media management
- Content creation and storytelling

**Note:** While all participants will support documentation activities, these specific roles are for those who will primarily focus on creating and managing our media content.

# OUR TEAM



**MICHAELA NASIAKOU**  
Coordinator



**MARITINA ASTRA**  
Project Manager



**ORIANA PANTE**  
Communication Officer



**GONZALO DEL PRISCO**  
Mentor



**ELEFThERIA KARAGIANNI**  
Administrative Manager

ABOUT

ROES

COOPERATIVA





A social cooperative enterprise of the '20s created by professional trainers, social workers, project managers and informal groups aiming to create an alliance that hosts innovative, experiential and non-formal education approaches.

Within their so called 'learning streams', they develop learning experiences for their beneficiaries such as learning & training programmes, internship placements, workshops, volunteering opportunities, and other learning projects.

You can find more about Roes Cooperativa [here](#).

# PROJECT STREAMS

OUTDOORS



HANDS-ON



VISUAL MEDIA



ENVIRONMENT



"Roes," meaning "streams" in Greek, symbolizes the diverse methods we integrate to create a holistic and dynamic learning experience.

# APPLY NOW



Curious to know more?  
Dive into Year One experience

# PARTNER ORGANISATIONS



**ROES COOPERATIVA | GR**  
[projects@roes.coop](mailto:projects@roes.coop)



**TICKET2EUROPE | SP**  
[comunicacion@ticket2europe.eu](mailto:comunicacion@ticket2europe.eu)



**NEW WELLNESS EDUCATION APS | IT**  
[newwellnesseducation@gmail.com](mailto:newwellnesseducation@gmail.com)



**UNIT**  
[info@ngo-unit.org](mailto:info@ngo-unit.org)

## CONTACT US

Email [projects@roes.coop](mailto:projects@roes.coop)

Facebook [Roes Cooperativa](https://www.facebook.com/RoesCooperativa)

Instagram [\\_roes.coop](https://www.instagram.com/_roes.coop)

LinkedIn [Roes Cooperativa](https://www.linkedin.com/company/RoesCooperativa)

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