



# Make the Change Happen

## InfoPack **EVS** 2018/19



European Voluntary Service

Barcelos, Portugal

## ABOUT THE PROJECT

Title of the project: **Make The Change Happen**  
Type of the activity: **KA1 - Learning Mobility of Individuals**  
EVS stage duration: **15-10-2018 to 14-09-2019** (12 months)

In this KA125 – **Volunteering Projects** called "Make the Change Happen". This project is prepared to receive 4 volunteers: 1 Italian, 1 Estonian, 1 Lithuanian and 1 Turkish, youngsters between **18 and 30 years old**, starting on October 15, 2018 and ending on September 14, 2019. This group will work in team, helping each other in the tasks of all.

## Work Place



The volunteer will work in a Day Center with name Associação Humanitária de Rio Covo Santa Eugénia (AHCSE) and his activities will be in support of the elderly.






AHCSE was funded to give a social response to the poorest people of the parish and neighboring parishes to carry out other activities that could contribute to the well-being and social advancement of the people.

In collaboration with a local authority in January 2012, a Parish Council of Santa Eugénia is placed at the disposal of the Rio Covo seniors and receives the neighboring parishes of the Convívio Center, currently frequented by 20 elderly people and long-term unemployed, in a situation of social isolation.








The profile of the volunteer intended is someone with training in plastic arts, arts, crafts, sport activities. Someone to innovate in the daily activities of the Day Center with their knowledge.

-  Organization of intercultural activities, workshops, exhibitions, lectures, creative spaces, painting, language club;
-  Reflection activities on the themes of the European Union;
-  Work on the importance of interacting on an equal basis, on valuing differences and stimulating intercultural dialogue;
-  Support the daily tasks;
-  Organize activities for promote Erasmus+.

### **SOPRO**

-  Participate in SOPRO's campaigns: Collection of school material and food in the supermarkets in 2 times for year, and other activities and campaigns that arise during EVS.
-  Other: support the activities of SOPRO, fundraising initiatives (helping to seek and compete for international applications), document, support for exchange activities, attend meetings of international volunteers destined for Mozambique and helps to establish international partnerships.
-  Ideas own/projects and suggestions: supports the organization of sports activities, cultural events, exhibitions traditions of their country.

### **FOOD AND ACCOMMODATION**

The volunteer will live in apartment in a double room, with shared cooking, washing, laundry and social facilities.

### **VOLUNTEER ALLOWANCE**

80€ per month.

### **POCKET MONEY**

5€ to multiply by the number of days in the month.

### **SOPRO - Solidarity and Promotion, Non-Governmental Organization (NGO) for Development**

SOPRO is non-profit, founded in 1996 and situated in Barcelos, near Braga and Porto. SOPRO is developing several projects, among them: working voluntary, School Supply Bank and CHEGA (CHEGA, a project dedicated to Gender Equality and Non-Gender Violence). Internationally, SOPRO's work is focused in Mozambique, in Beira region and in Sofala's catholic missions where SOPRO's send volunteers every year.

### **ABOUT BARCELOS**

Barcelos is a Portuguese city in the District of Braga, in the North region, with around 20 625 persons. Located about 40 minutes from Porto Airport, near Braga, Viana do Castelo, Esposende, Ponte de Lima and Famalicão. Barcelos is a small town with no security problems, it is possible to walk freely on the street and make the city on foot without any problem.

Barcelos is internationally known for the Barcelos Rooster, one of the symbols of Portugal, for pottery handmade, traditional market, culture, Santiago Way ... and the rest you will have time to discover!



### **Health Insurance**

Volunteers are covered by EVS insurance, but must also deal with their European Health Insurance Card. The European Health Insurance Card is free and valid in the EU.

<http://ec.europa.eu/social/main.jsp?langId=en&catId=559>

### **USEFUL LINKS**

**AHRCSE's Facebook** <https://www.facebook.com/AHRCSE/>

**SOPRO's website** <http://www.sopro.org.pt>

**SOPRO's Facebook** <https://www.facebook.com/soproongd/>

**Barcelos's Municipality** <http://www.cm-barcelos.pt/visitar-barcelos/barcelos>

**Barcelos's Municipality Facebook** <https://www.facebook.com/MunicipioBarcelos/>

**Barcelos's turistic guide** [http://www.cm-barcelos.pt/visitar-barcelos/barcelos/Guia\\_gb.pdf](http://www.cm-barcelos.pt/visitar-barcelos/barcelos/Guia_gb.pdf)

We would like to read your CV and motivation letter.  
If you have any questions, please don't hesitate and contact us!

**We are looking forward to working together and hope to hear from you soon!**

See you soon!

**Susana M. Falcão**

EVS Coordinator

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