



**León, Spain**

# **The Youth Power 2.0**

**European Solidarity Corps**

**From April-May, 2023**

**To October, 2023**

# PROJECT DETAILS

“THE YOUTH POWER 2.0” is a project which involves a total of 6 European Volunteers who will develop their activities in different organizations in León city at the same time but with different objectives.

**Auryn Association** is the coordinating organization.

The project offers 1 vacancy in **Alzheimer León**.



## GENERAL INFORMATION



### **DATES**

The Volunteering project “THE YOUTH POWER 2.0” will take place from May, the 1st, till October, the 1st. It will last 10 months.

### **ACCOMODATION, FOOD ALLOWANCE AND POCKET MONEY**

- Volunteers will share an apartment with two other volunteers and will have a private bedroom.
- We will provide a monthly allowance (150€) for food for each volunteer.
- Volunteers will receive 5 € per day as Pocket Money.
- If needed, local transport will be covered.

## **VOLUNTEERING ACTIVITIES:**

### **CONNECTING AGES, CONNECTING KNOWLEDGE**

**Hosting Organization:  
ALZHEIMER LEÓN**

**1 Vacancy**

Alzheimer León has been working for 25 years improving the quality of life of the Alzheimer patients and their families, and also making society awareness of that disease.

The purposes of the association are to improve the quality of life of the patients, to promote the investigation, to protect the affected people rights, to support the families and to inform society for developing the early diagnosis of new cases.

A multidisciplinary work team, with more than 60 professionals, social workers, psychologists etc. is in charge of developing the different programs, centres and services for the patients.

The volunteer will perform tasks connected with the following sections:

- Participating on daily activities with patients, with an initial training about the accompanying Alzheimer participants.
- Taking part on the disseminating and promoting activities.
- Taking part on the intergenerational activities of the organization, such as theatre, going out activities, etc.
- Participating in other activities such as environmental workshops, choir, yoga.
- Develop dissemination activities about Erasmus Plus and the European Solidarity Corps with youth at least once a month.

On the other hand, from the Alzheimer Centre we offer all the training that the volunteer will need and a close accompaniment of her/his growth.



# HOW TO ARRIVE



There are some low cost companies (EASYJET, RYANAIR, VUELING...) that fly to Madrid.

From Madrid to León, there are two options:

- 1) By train: from "Madrid-Chamartín train station". For further information about times and prices you should have a look in the site: [www.renfe.es](http://www.renfe.es).
- 2) By bus: directly from the airport. There is more information in [www.alsa.es](http://www.alsa.es).

In addition, there is an airport in León, but there are not many flights and the price is not usually cheap.

Other airports that can be useful: Asturias (OVD), Valladolid (VLL), Seve Ballesteros-Santander (SDR), Bilbao (BIO).

Once in León, one of the members of the association will pick you up and take you to the apartment.

# Contact Information

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